



The Open  
University

# Older People & Technological Innovations-lifelong learning and applications for health and wellbeing



# Objectives

The project objectives were to increase the:

- confidence of older people and workers to use diverse technologies in daily life
- opportunities for older people and their supporters to engage with existing, new and emerging technologies
- use of technology as a medium that enhances older peoples' opportunities to be fully engaged citizens in local, national, European and global society



# 'Opt-in'

- EU Grundtvig-funded project

## Partners:

- The Open University
- Institute of Gerontology at the Technical University of Dortmund, Germany
- The University of Maribor, Slovenia
- The University of Stirling, Scotland
- Verwey-Jonker Institute, Netherlands

# Project work packages



- The Open University - pedagogic approaches in learning new technology – use of new and emerging technologies
- Dortmund University – project evaluation - use of the Nintendo Wii
- The University of Stirling – good practice in user involvement - safe use of the internet
- University of Maribor – interactive workshops - PRIMER ICT moodle courses
- Verwey Jonker Institute – dissemination and networking – confidence to use new technology and tackling social isolation



# Pedagogic Approaches

- Play and interaction
- Adult learners - knowledge builders and creators, not just recipients of transmitted knowledge
- Adult learning environments - that provide supported environments where the group collectively discover and make sense of experiences

# Opt-in workshops - Open University





# Opt-in workshops - Dortmund



# Opt-in workshops -Stirling University





# Opt-in workshops - Maribor



Course: Materials for Elderly - Windows Internet Explorer provided by The Open University

http://164.8.136.27/moodle/course/view.php?id=5

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PRIMER ICT You are currently using guest access (Login)

primer-ict ELDERLY

**Administration**

- Enrol me in this course

**Topic outline**

- Materials for Elderly**
  - Searching the Web - Introduction\*
  - Browsing the Internet\*
  - Searching the web
  - Writing e-mails
  - MS Office - writing documents\*
  - Open Office - writing documents
  - Blogging

\*contains video content

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## Opt-in workshops - Verwey Jonker Institute

- Computer Bus Plus
- 50+ net
- Senior Web



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# 50plusnet.nl

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## Op stap

Gezellig met anderen erop uit

## Hobby's

Deel je passie!

## Vriendschap

Samen praten, samen lachen

## Sportief

Fietsen, wandelen, bewegen

# Sharing experiences



European exchanges – technology,  
language and culture

Project launch – Introducing technology  
workshops, different ways of working.

First exchange – sharing learning  
experiences, language difficulties for  
learners, positive and negative  
experiences



# Learners experiences

*I have been a subject participant in some research projects before; but never before the academics have taken so much trouble to nourish my aims for participation in the project as in this one*

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