CARERS RESEARCH
LIFE POST CARING

THE POST-CARING EXPERIENCE

ALL CAREERS

CARING

POST-CARING

THE “POST-CARING VOID”

POST-CARING TRAJECTORY

“CLOSING DOWN ‘THE CARING TIME’”

“CONSTRUCTING LIFE POST-CARING”.

SERIAL CAREERS
(70% of FORMER CARERS)
THE ROLE OF CARERS GROUPS DURING CARING AND POST CARING

- emotional, instrumental and informational support
- source of friendship during and after caring
- sense of belonging
- limitations (e.g. predominantly female)
CARERS AND PERSONALISATION

- review of the existing evidence base available to the third sector about the impact of personalisation on carers

Personalisation means thinking about public services and social care and support in an entirely different way – starting with the person rather than the service. It requires the transformation of adult social care. Julie Jones CBE, Chief Executive, SCIE
CARERS, SERVICE USERS AND PERSONAL BUDGETS

Carer - Service User dynamic

Changes in interpersonal relationships

Attitudes to care staff

Conflict resolution

Wellbeing

Concerns for the future

How does a personal budget affect the carer-service user dynamic?
CARER EMPOWERMENT

• role of legislation
CARER EMPOWERMENT

National Strategy for Carers (1999)
Employment Relations Act (1999)
Carers and Disabled Children’s Act (2000)
Carers (Equal Opportunities) Act (2004)
National Carers Strategy (2008)
CARER EMPOWERMENT

• carers movement

• “expert care partners”

• involved in professional training

• emphasis on supporting carers

• information and training for carers
CARERS SEMINAR SERIES

• 4 seminars in key locations
• presenters include leading academic researchers, early career researchers, carers, service users, voluntary organisations, representatives from government departments such as the Department of Health and Department for Work and Pensions, and postgraduate students
• identification of contemporary and future issues for carers
• review of the existing research evidence about the cost effectiveness of policy and health and social care interventions for carers and those they support
• establish the future agenda for carers research and the modus operandi required for its success and lasting impact
• focus will mainly be on the UK but the seminars will include international dimension