

Our Digital World

We live in an increasingly connected world and technology is becoming ever-present and all-encompassing. Whilst there is consensus on childhood wellbeing's importance, in relation to wellbeing and technology there is conflicting evidence about its effect (OECD, 2018).

Advantages and Disadvantages to Digital Media Use

- **Context:** where, when and how digital media are accessed
- **Content:** what is being watched or used
- **Connections:** whether and how relationships are facilitated or impeded

(Blum-Ross and Livingstone, 2016)

What about Wales?

- The world's first country to enshrine the **UNCRC** in domestic law (2011).
- The '**Well-being of Future Generations (Wales) Act 2015**' places responsibility on public bodies to promote/contribute to the wellbeing of current and future populations of Wales.
- **Curriculum reform** ([Curriculum for Wales](#)) becomes statutory in 2022. Requirements emphasise the importance of preparing today's learners with appropriate digital skills for the future, whilst ensuring health and wellbeing.



What we Know:

Wales' [Digital Competency Framework](#) aims to support learners' understanding of how digital media can affect wellbeing

- '**Citizenship**' strand: skills on understanding positive/negative influences of digital media and appropriate online behaviour
- '**Interacting and Collaborating**' strand: skills to develop appropriate use of communication, understanding advantages and disadvantages.

What we want to find out:

What are familial ideas about the effect of digital media on childhood wellbeing in Wales?

- Do perceptions about the impact of digital media lead to differences in the way children interact with it?
- How do families support childhood wellbeing in our digital world?