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1 **Technology enhanced learning in physical education? A critical review of the literature**

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4 **Abstract**

5 **Purpose:** In this review, the three components of pedagogy (i.e., teaching, learning, curriculum)
6 were used to critically investigate what is argued to be 'enhanced' by digital technology.

7 **Method:** Using a critical methodology, an answer was sought to the question of 'what aspect(s)
8 of pedagogy is claimed to be enhanced by the use of digital technology in PE?' The final set of
9 papers are presented in terms of the claimed technological enhancement in teaching, learning,
10 curriculum.

11 **Findings:** Interestingly, technology enhancements are presented most prevalently in terms of
12 'enhancing student learning' in areas such as health or motivational variables. Technology was
13 mainly used as a substitute for the teacher and not transformative teaching and learning.

14 **Discussion/Conclusion:** A critical analysis regarding what is done in the 'name of PE'. This
15 paper concludes by presenting suggestions on how to move the field forward and to debate the
16 roles of digital technology in PE.

17 **Keywords:** educational technology, digital technology, PE, pedagogy, TEL.

18

19 **Introduction**

20 This article was written at a time when online education and using different technologies to
21 access educational materials from our homes came to the fore due to the COVID-19 pandemic.
22 From this context, many are aware that technology offers education a number of opportunities, in
23 terms of enhancing existing provisions, but also challenges such as creating inequalities (Howley
24 2021). Now, more than ever, there is a need to develop critical education technology agendas
25 that address issues such as pedagogy which make use of recent theoretical and methodological
26 approaches (Selwyn et al., 2020). Expanding further on this point, Selwyn et al. (2020) argue that
27 it is important that academic work commits to engaging in sustained and collective conversations
28 about how we might successfully drive critical educational technology scholarship throughout
29 the 2020s. Reflecting on recent scholarship in relation to technology (e.g. iPad apps,
30 smartwatches or videos) and its impact on areas of pedagogy, it is argued that the effect of using
31 technologies such as mobile devices in education is better than when using desktop computers
32 (Sung et al. 2016), that effective use of technology (e.g. through feedback and gamification) can
33 mediate supportive pedagogies (Yates et al. 2021) and how technology can help enhanced
34 authentic assessment (Jopp, 2020). The effectiveness of digital-based interventions has also been
35 reported worldwide over different age groups such as pre-school, elementary, secondary or third
36 level education, and in different subject areas such as mathematics (Benavides-Varela et al.,
37 2020); music (Crawford, 2017); language (Parmaxi, 2020), or geography (Adedokun-Shittu et
38 al., 2020).

39 Yet, in the field of PE, only recently has there been an engagement and critical discussion
40 regarding the interrelationship between technology and pedagogy. Indeed, Casey et al. (2017)
41 argue that a considerable gap exists in relation to the connection between digital technology and

42 pedagogy. Subsequently, it would seem pertinent to explore these three areas of curriculum,
43 learning, and teaching practice and how they relate to technological enhancement. That being
44 said, ‘educational technologies have been known to positively impact teaching and learning in
45 physical education’ (Phelps et al. 2021). For example, there are previous studies that explore
46 technologies such as Massive Open Online Courses (MOOCS) which have been demonstrated to
47 positively impact professional development (Griffiths et al. 2021) or how digital game design
48 can help to support students’ learning experiences (Pill et al. 2021), but also, its use for digital
49 assessment (Penney et al., 2012).

50 Whilst there is not a consensus on the meaning of pedagogy, as it means “different things
51 to different people” (Tinning, 1992, p. 24), Kirk et al. (2006, p. xi) defines pedagogy in terms of
52 the three elements of “learning, teaching and curriculum”. Considering these three elements in
53 turn, within learning, children and young people are foregrounded and the focus is on the
54 multitude of ways that they can be supported to learn, thrive and engage in effective knowledge
55 exchange (Armour, 2011; Casey, Goodyear, & Armour, 2017). Our views of learning align with
56 Quennerstedt et al. (2011, p.162) in viewing learning as “meaning making resulting in a more
57 specific repertoire or act”. The teaching or teacher(s) dimension of pedagogy considers teachers
58 who are continuously critically reflecting on their personal and professional abilities to support
59 young learners (Armour, 2011; Casey et al., 2017). Our views of teaching align with Biesta
60 (2017), where teaching is understood as the responsibility of bringing something to the
61 educational situation that was not already there. Teaching understood as a process where teachers
62 have something to give to their students (Biesta, 2012; Quennerstedt, 2019). The final element of
63 curriculum is aligned with the view that it is as an educational experience; as a plan, that must be
64 lived, experienced, and embodied young people and teachers (Pinar, 2012).

65 In seeking to theoretically frame research in this area, one can often see the use of the
66 TPACK framework which seeks to explore both the technological, pedagogical and knowledge
67 aspects involved with technology integration. Examples include Krause and Lynch (2018) and
68 Meroño et al. (2021), who argued that preservice teachers and teachers have varying experiences
69 with instruction in relation to TPACK or Gawrisch et al. (2020) who recommend that teachers
70 build their knowledge and learn to value technology in physical education. Whilst the use of this
71 approach has been helpful in negotiating the aspects of technology and pedagogy, the views in
72 this paper align with Voogt et al. (2013) in arguing that the limited knowledge pertaining to use
73 and develop TPACK can result in a deficit view of teachers that are characterised as either
74 having or not having the relevant knowledge bases. For example, by critically exploring
75 technology enhanced learning (TEL) in relation to these areas of pedagogy, this paper can
76 address a notable gap in the literature and begin to systematically investigate areas that are of
77 pedagogical importance (Casey et al., 2017). Research that supports our understanding of
78 technology-enhanced learning in PE is still developing (c.f. Casey et al., 2017; Krause, O’Neil,
79 & Jones, 2019; Wyant & Baek, 2019). Whilst recent research suggests that the emerging focus
80 on instructional technology in society and education has not been effective in providing the basis
81 for widespread adoption in PE, its role in PE remains in question (Wyant & Baek, 2019).

82 As argued by Passey (2019) TEL covers much more than a focus on learning and is also
83 concerned with areas such as education, the management of education. Yet, in addressing this
84 gap, we are conscious of the need to problematise TEL more generally in relation to questioning
85 what is ‘enhanced’ and how do we know it is enhanced? (Kirkwood & Price, 2014). Others go as
86 far as the need to problematize the very ontological underpinnings of TEL (Bayne, 2015). Whilst
87 it is beyond the scope of this paper to attend to the nature of these debates, there remains the

88 need to critically review what aspect of pedagogy is claimed to be enhanced using digital
89 technology. Furthermore, *who* is the subject of the claim of enhancement such as the teacher,
90 learner, or educational bodies. Attending to such areas addresses a notable gap in the field of PE
91 and sport pedagogy and will serve as a recognized source of information to inform future
92 research and decision making in relation to the use of digital technology in PE. Therefore, the
93 purpose of this paper is to critically review TEL in the PE literature with specific relationship to
94 the notion of pedagogy.

95 **Methodology**

96 *Situating the review theoretically*

97 This review utilises a ‘critical methodology’ (Cushion & Townsend, 2019) that draws upon some
98 principles of systematic review (Alexander, 2020). This approach was chosen as it has generated
99 interest in the field of education, including the field of educational technology (Bedenlier et al.,
100 2020) and to draw upon similar principles utilised in the literature such as Kirkwood & Price
101 (2014). It is particularly suited to this research area in PE as the term ‘enhanced’ is widely used
102 in the literature, but frequently considered un-critically (Kirkwood & Price, 2014). This
103 argument is further positioned in relation to conceptions of teaching, learning, and curriculum in
104 which the categories and the relationship between them are also left unquestioned (Casey et al.,
105 2017; Kirkwood & Price, 2014). The research question that guided this critical review is: What
106 aspect(s) of pedagogy (teaching, learning or curriculum) is claimed to be enhanced by the use of
107 digital technology in PE? This guiding question allows us to explore the different elements of
108 pedagogy that have been outlined in the introduction.

109 *Search strategy and parameters*

110 Literature was selected from searching the databases of Web of Science, Scopus, and Dialnet,
111 through a title and abstract search procedure. Following Alexander (2020) directions these
112 database searches were limited to peer-reviewed publications that were published between 2015
113 and 2020. The main search keywords were a combination of both a technology based key word
114 and an identifier from PE in both the abstract and title. The search terms were used in both
115 English and Spanish. For example, some of the search terms we used were a combination of
116 ‘technology-enhanced learning’ AND ‘physical education’, and ‘physical education’ AND
117 ‘digital technology’¹. A manual search of the list of references of selected articles was also
118 performed, not resulting in the inclusion of more papers to the ones yielded through the database
119 search.

120 *Inclusion and exclusion criteria*

121 Given the authors backgrounds, this critical review considered empirical English and Spanish-
122 language research undertaken between 2015 and 2020 that was published in print or digital
123 formats, in peer-reviewed articles relevant to the research question. The rationale for this
124 timeframe is to encompass five years of rapid technological development and the relatively
125 nuanced nature of the work on technology in the PE field, and the growing number of
126 technology-based interventions. Encompassing published papers in both English and Spanish
127 ensures that a greater balance of international perspectives and covers a body of literature

¹ The full list of search terms and the search strategy included:

(1) “physical education” OR “PE”

(2) “educación física” OR “EF”

(3) 1 AND 2

(4) “technology” OR “digital technology” OR “technology-enhanced learning” OR “ICT”

(5) “tecnología” OR “tecnología digital”

(6) 4 AND 5

(7) 3 AND 6

The last database search was completed on July 21st 2021

128 covered by those reviews that have only explored English literature (Alexander, 2020). To
129 further focus our review, several exclusion criteria were used: those papers which could not be
130 freely accessed through either the databases or the university library, peer-reviewed papers not
131 published between 2015-2020, peer reviewed papers that were not published in English or
132 Spanish, peer reviewed papers that were not focused on the PE context, those that were not
133 focused on school/college-based PE (e.g., physical education teacher education or higher
134 education), those papers that were review pieces or theoretical based, those that did not include a
135 technology-based intervention, and those where PE is delivered completely through online
136 courses. Only papers where PE takes place on a regular face-to-face or blended approach were
137 included. A total of 1909 papers were identified through databases ($n=755$, after duplicates).
138 From those, 534 were excluded after the initial screening (first stage) due to not meeting any of
139 the inclusion criteria. 221 papers were examined in the full text analysis before 33 papers were
140 finally included in the review.

141 *Analysis*

142 Following Kirkwood and Price's (2014) and Cushion and Townsend's (2019) approaches,
143 selected papers were analyzed deductively. This approach was chosen as it allowed the capturing
144 of the often iterate and nonlinear nature of reviews and to explore alternative paths to the
145 findings (Alexander, 2020). A two-stage approach to this critical review of the literature was
146 chosen to align with reviews such as Cushion and Townsend (2019) and to provide a semi-
147 structured approach. The first stage involved mining the databases using our inclusion/exclusion
148 criteria. Prior to individual coding, we completed a sub-sample of papers together to establish
149 consistency between our approaches. Then, the authors individually reviewed and coded the title
150 and abstracts, using Rayyan website tool for systematic reviews. The coding was then compared

151 between the authors and any points of clarity or conflicts were discussed and agreed. The second
152 'quality screening phase' involved a creation of a descriptive matrix of the literature to provide a
153 map of the TEL field (Cushion et al., 2010; Cushion & Townsend, 2019). The initial map
154 involved reading and filtering the full articles in terms of the article focus (and coverage) of
155 technology (e.g., the platform, device, software of study) and the three areas of teaching (e.g., a
156 detailed description of the intervention), learning (e.g., evidence of learning), or curriculum (e.g.,
157 findings related back to extract of curriculum documentation or analysis of how curriculum
158 extracts have been applied in practice using technology). In order to capture the outcomes of this
159 screening phase, a similar technique to Araujo, Mesquita, and Hastie (2014) was employed
160 whereby a formal quality score for each study was completed on a two point scale by assessing
161 the paper value of 0 (none present or inadequately described) or 1 (present and explicitly
162 described) in relation to each of the following areas described by Cushion et al. (2010) and
163 Cushion and Townsend (2019): (a) the appropriateness of the paper focus for answering the
164 review question (i.e. topic relevance), (b) the trustworthiness of the results assessed by the
165 quality of the study (i.e. methodological and theoretical rigour), (c) appropriateness of the study
166 for addressing the research question (i.e. relevance). The scores (which can be viewed in table 1)
167 were initially scored individually by each author (87.8% of agreement was reached which is 29
168 of 33 papers) before coming together to review the scores to reach consensus. Scores with a total
169 of 1 or less were excluded and those with an average score of 2 or more were included.

170 **Findings**

171 In table 1, we present the details of the final set of papers selected in the review process and
172 present them in terms of the research purpose, participants and context, study design, data
173 gathering, the description of the TEL intervention, the key findings, and the quality score

174 (Araujo et al., 2014). The findings in relation to the analysis of technology in relation to
175 enhancements in teaching, learning and curriculum, and the main themes identified are presented
176 in more detail below.

177 **<Insert Table 1 about here>**

178 We thematically present the key findings presented in Table 1 through our discussion of
179 technology enhancements in teaching, learning and curriculum.

180 *Technological enhancement in teaching: Using technology as a substitute of teachers but not*
181 *as transforming teaching and learning practices*

182 Technology was largely seen as a support and a substitute in relation to enhancing existing
183 teaching practices in PE. Technology was closely reported in line with what students had learnt
184 because of the use of technology in teaching. The technologies that were claimed to enhance
185 teaching varied from videos to exergames, apps, and tablets. They were used mainly in
186 elementary education, but also with secondary and post-secondary samples. The most prevalent
187 of these were apps followed by exergames and videos. Aspects of teaching that were claimed to
188 be enhanced by technology included areas such as video-feedback and performance
189 (Kretschmann, 2017; Palao et al., 2015), the ability to create new cultures for students (Andre &
190 Hastie, 2018), and the direction of learning (Maivorsdotter & Quennerstedt, 2019). Some of
191 these technological enhancements were linked to the ways that teachers could harness the use of
192 technology towards assessment purposes. Studies that had a key teaching component to them
193 tended to explore how the technology was implemented into the PE lesson or course in terms of
194 the methodology of the study but then tended to focus more on the outcomes for students rather
195 than the teachers themselves. For example, Lee and Gao (2020) reported on the variables in

196 terms of students' physical activity, Lindburg et al. (2016) discussed student engagement
197 alongside variations in heart rate and Segura-Robles et al. (2020) focused on student satisfaction
198 and motivation. It is interesting therefore, that when technology is viewed towards enhancements
199 in teaching, we are more likely to see a focus on bringing about a change in terms of students'
200 learning that was not already there, rather than say a change in pedagogical approach,
201 instructional strategies, philosophies or critical thinking.

202 ***Technological enhancement in learning: Using technology to improve motor skills, health and***
203 ***motivation***

204 Several different types of technology were beneficial for enhancing student learning (e.g.
205 videos, exergames, apps, wearables, activity monitors or websites). Whilst technology was
206 explored in relation to learning in a variety of ways, some of the most prevalent outcomes was to
207 enhance students' health/physical aspects of learning or on motivational related outcomes. For
208 example, McGann et al. (2020) reported on how students made significant improvements in
209 locomotor skills when using exergames, whereas Potdevin et al. (2018) and Palao et al. (2015)
210 found that students made significant progress in their motor skill or athletics development and
211 self-assessment ability when using video-feedback. Enhancements in learning were largely
212 viewed from the perspective of learning in the physical domain or enhancing areas such as motor
213 competence (Kretschmann, 2017). In relation to health-related aspects, technology in the form of
214 exergames was reported to enhance students' self-esteem or mood (Andrade et al., 2020),
215 knowledge of step count and calorie burning targets provided by a wearable fitness device
216 encouraged young people to do more physical activity (Goodyear, Kerner, & Quennerstedt,
217 2017), or knowledge of energy balance and healthy diets (Chen et al., 2016).

218 Using technology to enhance motivational variables was also a key focus. There was
219 evidence of aspects such as video-feedback that claimed to increase students' motivation (Roure
220 et al., 2019), accelerometers that were a motivating factor for some students to increase their
221 physical activity (Marttinen et al., 2019) and increases in intrinsic motivation through the use of
222 gamification and Flipped Learning (Østerlie & Kjelaas, 2020; Østerlie & Mehus, 2020; Segura
223 Robles et al., 2020). Video guided technologies resulted also very positive to significantly
224 improved the academic self-concept of adolescents with hearing impairment. As such, the use of
225 technology to enhance student's motivation for either the subject more broadly or more
226 specifically taking part in the physical learning tasks was a key pedagogical outcome when
227 technology was implemented, particularly with elementary students, but also with secondary and
228 post-secondary ones.

229 ***Technological enhancement in curriculum: Using technology to facilitate the enactment of***
230 ***new curriculum***

231 The use of technology to enhance either the application, development or understanding of
232 the curriculum would not seem to be a pertinent area of focus in the PE literature studies
233 included in this review. Only Calderón and Tannehill (2020) presented a proposal where, a
234 sample of PE teachers, used an ad hoc designed mobile app, to facilitate the enactment of a new
235 curriculum framework. They reported that the engagement in a learning community of inquiry
236 was paramount to these teachers' development of effective practices when enacting a new
237 models-based curriculum enhanced using one mobile app (Calderón & Tannehill, 2020). It
238 seemed that whilst the papers may be implicitly reflecting on how the technology enhancements
239 might impact on curriculum, the main focuses were on the students' learning aspect of pedagogy.
240 In addition, when looking at the curriculum contexts studies were mainly emanating out of

241 Europe followed by Asia, the USA and the UK. Elementary or primary PE was the most studied
242 curriculum in terms of schooling.

243 **Discussion**

244 This paper sought to critically explore what areas of pedagogy are claimed to be enhanced by
245 digital technology in PE. It presented how technology was largely seen to enhance students'
246 learning in relation to both health and motivational variables. Nonetheless the areas presented
247 remain aligned with Casey et al. (2016; 2017). It highlighted the lack of new forms teaching or
248 indeed a limited presentation of the context of the curriculum. Indeed, in looking at Puentedura's
249 (2013) Substitution Augmentation Modification Redefinition (SAMR) model, most of the papers
250 seemed to replicate existing practices, such as, using tablets as whiteboards or some apps to
251 create time intervals and signals (Lee & Gao, 2020). Technology was mainly used as substitute
252 for the teacher (c.f. Papastergiou et al., (2020)) but not as transforming teaching and learning
253 practices by allowing for significant task redesign or the creation of new tasks previously
254 inconceivable without the use of technology. It is important to note however, that these studies
255 used tablets and apps as instructional support and are not necessarily associated with poor
256 teaching. The teacher, in these cases, could complement the app inputs, and spend more time in
257 other teaching aspects such as giving feedback, suggesting task adaptations, and encouraging
258 reflection. They could even create teachable moments based on certain situations and adapt their
259 teaching given some of the apps used are not pedagogically framed and/or designed based on the
260 individual students needs or interests (Selwyn et al., 2020).

261 The 'enhanced' forms of student learning in relation to health and motivational variables
262 were a key aspect of the findings. That being said, it raised critically awareness that
263 enhancements in students' learning was seen from a rather narrow lens of what might be termed

264 'learning' in terms of health, physical, and motivational aspects. Indeed, as Quennerstedt (2019)
265 discusses, a focus on activity levels and heart rate puts questions of education into the
266 background. There was a real shortage of papers that explored students or teachers' emotional or
267 social learning. In addition, there was little discussion about the pedagogical use of technology to
268 promote areas such as social justice, critical or democratic thinking or lifelong enjoyment of
269 movement. Interestingly, this is a common pattern in technology-based research in other subjects
270 such as mathematics (Benavides-Varela et al., 2020); music (Crawford, 2017); language
271 (Parmaxi, 2020), or geography (Adedokun-Shittu et al., 2020), and indeed, it will be an
272 interesting aspect to explore further. Furthermore, given the large focus on studies from a
273 European context, one has to consider these 'enhancements' as having pockets of impact rather
274 than being experiences as necessarily equal and global.

275 Taking this critical perspective further, one could argue that it seems that what the field
276 of PE finds meaningful for students' learning with technology is that it develops learning of a
277 physical component. There was very little evidence of technology enhancing students' experience
278 of technology as supporting fun, social interaction, challenge, or delight, considering the notion
279 (and aligned research design) of learning as meaning (Quennerstedt et al., 2011). Arguably, Lee
280 and Gao (2020) and Steinberg et al. (2019), would be two examples of technology enhancing
281 student's enjoyment and cooperation respectively, despite the TEL intervention was not
282 intentionally designed with that purpose. With this in mind, one might question what meaning
283 students' take from this focus on technology to enhance motor competence and whether the use
284 of technology to support or enhance students' learning.

285 In relation to technology enhanced learning and teaching in PE, there was evidence of
286 small, but nonetheless enhancements of areas such as the creation of new cultures for students

287 and (video) feedback. It is encouraging, however, to see the findings of papers like
288 Maivorsdotter and Quennerstedt (2019) that sought to demonstrate that the teachers' presence in
289 the teaching and learning process with technology is important to ensure that traditional norms
290 and values are challenged. This is because the digital tools themselves are unlikely to spur any
291 radical changes in teaching merely by their presence. Furthermore, it is encouraging to see the
292 extent to which certain refined exergames could enhance the user's play experience (McGann et
293 al., 2020), or the way the pedagogical use of certain apps can enrich a debate of ideas to enhance
294 students' shared understanding of tactical concepts (Koekoek et al., 2019). Other examples
295 include the way certain apps (such as #digitanz) can stimulate movement ideas, promote
296 students' agency and cooperation, but also create fears and obstacles related to data protection
297 and privacy (Steinberg et al., 2019). All of these are illustrative examples of using technology for
298 transformative teaching where the use of technology allowed for significant task redesign
299 (Puentedura, 2013), but also add a level of pedagogical complexity where the role of the teacher
300 is critical to promote good teaching. In other words, teaching was understood as a process where
301 teachers bring something new and are key elements of the educational encounter (Biesta, 2012).
302 That being said, the exploration of technology enhanced 'teaching and learning' (including
303 assessment) in PE still has a long route towards enhancement. A point that was recently argued
304 by Martinnen et al. (2020) claiming that close attention must be paid to the ways in which
305 teachers' perceptions could be augmenting or limiting the educational value of digital
306 technologies in PE, and also, to realistically evaluate the strengths and constraints that
307 technology-integrated PE lessons may pose in a traditional environment (Zhu & Dragon, 2016).
308 It is hoped that technology does continue to enhance teachers teaching but, perhaps its progress

309 is underpinned by the need for technology to be seen to enhance the PE curriculum before this
310 change can be more widespread.

311 It is perhaps surprising to see such a gap in studies exploring technologies enhancement
312 of curriculum in PE. As Araujo et al. (2020) argue, educators and policy makers in the field of
313 PE are still adjusting local curricula to reflect the different technological changes and there
314 remains a lack of knowledge in how these digital developments have been undertaken in
315 different contexts. It would subsequently seem that how digital technologies are incorporated
316 into, interpreted through, and help inform the field's understanding of PE curricula is still an
317 important aspect for future research. In thinking about future research in terms of exploring TEL
318 and indeed in PE, experimenting with, developing and reflecting on the use of technology-
319 enhanced pedagogy or what Passey (2019) recently termed technology-enhanced education
320 would allow for researchers and educators to seek to broaden out the investigation of technology
321 and the often overlapping areas of teaching, learning, and curriculum that underpin its use. We
322 are conscious and acknowledge certain limitations of this review. These include our
323 interpretation and judgement of the quality criteria used to review the studies, the incorporation
324 of studies in languages other than English or Spanish, database/full text access, or books and
325 conference papers. Furthermore, the exclusion of papers focusing on completely online PE is a
326 limitation. That being said, we aware of recent literature from Goodyear et al. (2021) that
327 somewhat addresses this gap in knowledge. Despite these, we embrace the idea of, and related
328 research about online-only PE. We believe that there is still a large research arena to explore the
329 realities of digital technology for teaching and learning in regular (and blended) PE. Future
330 research that explores a greater diversity of curriculum contexts and technologies would also
331 allow for a broader perspective on how the use of these technologies can be adapted. By seeking

332 to deploy pedagogical approaches that attempt to incorporate technology within their core design
333 is key. Another area which could be worrying and promising at the same time would be the use
334 of virtual worlds as arenas for embodied experiential learning to happen (Loke & Golding,
335 2016). Currently, many studies advocate for the use of teaching and learning approaches based
336 on virtual worlds as powerful experiences that benefit students' learning and disciplinary
337 understanding (Pellas & Mystakidis, 2020). Exploring further the pedagogical approaches being
338 used in completely online PE and their implications for student learning might be a worthwhile
339 research focus as well (Kooiman, et al., 2016). Perhaps in broadening the use and exploration of
340 digital technologies there can be movement towards addressing Quennerstedt's (2019) ambition
341 to develop a pedagogy of meaning which seeks to focus on meaningful experiences and the
342 process of making new and holistic meaning out of experience, both in physical or virtual
343 worlds.

344 **Conclusion**

345 In critically reviewing technology and its claims of enhancement with teaching, learning, and
346 curriculum in PE, the question remains, what should be enhanced? In relation to what areas and
347 with what focus? Literature (c.f. Passey, 2019) suggests that TEL encompasses more than just
348 learning. Yet, from the findings within this review it seems that students' 'learning' in relation to
349 physical and motivational domains remains the focus in the context of PE. It would seem that
350 this focus is reflective of the current status of technology use in the field and rather the findings
351 of this review act as a platform for consideration of what has been achieved and what could be
352 achieved in the future.

353 As a backdrop to this review, the context of the COVID-19 pandemic is likely to have
354 spurred the field even further to reflect upon what the current state and use of technology within

355 pedagogy *has been* and where it *could be* when the schooling environment is augmented. Indeed,
356 the boundaries of the gymnasium or sports field can be expanded with digital technology whilst
357 exacerbating digital inequalities. A better understanding and picture of the small ways in which
358 different types of technology can be used to enhance areas of teaching and learning is being
359 developed. An area that very little was reported on a decade ago. Yet now, more than ever,
360 adopting Casey et al.'s (2017) advice to be braver and bolder in critical thought regarding what
361 outcomes are being sought to enhance through the use of technology and planning aligned
362 teaching and learning experiences accordingly. If our predominant use of technology in the field
363 is towards enhancing students' physical and motivational aspects of learning, then there is a need
364 to be conscious of the sort of educational process or future students are being guided towards.

365 **Statement on conflict of interest**

366 No potential conflicts of interest were noted by the authors.

367

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