’A Support Net’: Evaluating a novel mental health-related online educational tool

Conference or Workshop Item

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Version: Poster
Results

Rates; learner country; and time spent using A Support Net. We captured data including: total learners; completion methods evaluated its uptake.

Methods

We considered it important to create a freely available interactive educational tool focused on mental health literacy in the United Kingdom, because prior research has reinforced the importance of creating resources that are culture and context specific (e.g. developed and applied to everyday situations) [4]. We have therefore created a bespoke educational tool, called A Support Net, and evaluated its uptake.

Results

A Support Net was launched on the 1st of September 2017. To date, there have been 13,442 users. The most frequently used vignette, Lily, was accessed by 4,179 learners...

...with 2,786 people finishing this case study (a completion rate of 67%).

Most learners have visited the tool from the United Kingdom.

86% of learners used the tool on their PC.

The average amount of time spent using the tool on a PC is 7 minutes.

Conclusions

Overall engagement, evidenced by the number of total learners, has been encouraging, and this could indicate that the use of video vignettes is an engaging intervention strategy. However the completion rates for all four scenarios is low. As with prior research carried out in this area, we did not use formal assessments with adequate psychometric properties to evaluate the impact of A Support Net [4]. For future interactive tools of this kind, we plan to embed a brief yet robust measure of possible changes in mental health literacy.

References


Acknowledgements

We would like to thank Debbie Hill (Elucidat, United Kingdom) for her graphic and design work in creating this poster. We would also like to acknowledge We are Tilt: Brighton Digital Agency for co-developing the video content for A Support Net.