’A Support Net’: Evaluating a novel mental health-related online educational tool

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A Support Net was launched on the 1st of September 2017.

Results

We captured data including: total learners; completion rates; learner country; and time spent using A Support Net. Our study (a completion rate of 67%) was accessed by 4,179 learners...

Most learners have visited the tool from the United Kingdom.

Methods

We would like to acknowledge We are Tilt: Brighton Digital Agency for co-developing the video content for A Support Net.

Intervention

A Support Net uses immersive video vignettes to demonstrate realistic case studies of people struggling with specific mental health problems (Ethan, Lily, Maggie and Owain). Learners are then encouraged to reflect on how best to support that person.

Conclusions

Overall engagement, evidenced by the number of total learners, has been encouraging, and this could indicate that the use of video vignettes is an engaging intervention strategy. However the completion rates for all four scenarios is low. As with prior research carried out in this area, we did not use formal assessments with adequate psychometric properties to evaluate the impact of A Support Net.

For future interactive tools of this kind, we plan to embed a brief yet robust measure of possible changes assessments with adequate psychometric properties to evaluate the impact of A Support Net.

References


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