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ALMA observations of the supergiant B[e] star Wd1-9

D. M. Fenech,1★ J. S. Clark,2★ R. K. Prinja,1 J. C. Morford,1 S. Dougherty3 and R. Blomme4
1Department of Physics and Astronomy, University College London, Gower Street, London WC1E 6BT, UK
2Department Physical Sciences, The Open University, Walton Hall, Milton Keynes MK7 6AA, UK
3Dominion Radio Astrophysical Observatory, National Research Council Canada, PO Box 248, Penticton, BC V2A 6J9, Canada
4Royal Observatory of Belgium, Ringlaan 3, B-1180 Brussel, Belgium

ABSTRACT
Mass-loss in massive stars plays a critical role in their evolution, although the precise mechanism(s) responsible – radiatively driven winds, impulsive ejection and/or binary interaction – remain uncertain. In this Letter, we present Atacama Large Millimetre/Submillimeter Array line and continuum observations of the supergiant B[e] star Wd1-9, a massive post-main-sequence object located within the starburst cluster Westerlund 1 (Wd1). We find it to be one of the brightest stellar point sources in the sky at millimetre wavelengths, with (serendipitously identified) emission in the H41α radio recombination line. We attribute these properties to a low velocity (∼100 km s⁻¹) ionized wind, with an extreme mass-loss rate ≥6.4 × 10⁻⁵(d/5 kpc)¹⁵ M⊙ yr⁻¹. External to this is an extended aspherical ejection nebula indicative of a prior phase of significant mass-loss. Taken together, the millimetre properties of Wd1-9 show a remarkable similarity to those of the highly luminous stellar source MWC349A. We conclude that these objects are interacting binaries evolving away from the main sequence and undergoing rapid case-A mass transfer. As such they – and by extension the wider class of supergiant B[e] stars – may provide a unique window into the physics of a process that shapes the life-cycle of ∼70 per cent of massive stars found in binary systems.

Key words: techniques: interferometric – stars: early-type – stars: individual: Wd1-9 – stars: mass-loss – radio continuum: stars.

1 INTRODUCTION
The evolution of massive OB stars is dominated by mass-loss throughout their life-cycle, with the nature of their death – core-collapse supernova versus prompt collapse – and ultimate fate (neutron star or black hole) dependent on how much matter they are able to shed. Historically, line-driven winds have been thought to mediate this mass-loss. However, there is a significant uncertainty in our understanding of this phenomenon; depending on whether such winds are smooth or clumped, the resultant mass-loss rates of massive stars are in question at the order-of-magnitude level (e.g. Fullerton, Massa & Prinja Fullerton et al. 2006; Puls et al. 2006). Given this discord, other physical mechanisms have been invoked to explain how the outer mantle of O stars may be stripped to yield H-depleted Wolf–Rayet (WR) stars, with impulsive mass-loss driven by instabilities in the luminous blue variable (LBV) or yellow hypergiant/red supergiant phase a prime candidate (e.g. Humphreys & Davidson 1979; Abraham, Falceta-Gonçalves & Beaklini 2014). However, recent analysis has shown that fully 70 per cent of massive stars are in binaries that will interact at some point in their life-cycle (de Mink et al. 2014), also resulting in significant mass-loss from both the primary to the secondary as well as from the binary system as a whole.

In order to place observational constraints on these disparate processes, we obtained millimetre continuum observations of the massive Galactic starburst cluster Westerlund 1 (Wd1; Clark et al. 2005) with the Atacama Large Millimetre/Submillimeter Array (ALMA). Observations at such wavelengths are particularly sensitive to wind-clumping via thermal bremsstrahlung emission (e.g. Blomme et al. 2003), while ejection nebula formed via impulsive mass-loss events or binary interaction may also be identified and resolved at millimetre-radio wavelengths. With an age of ∼5 Myr, Wd1 is the ideal laboratory to undertake such a study since it contains a uniquely rich population of massive, evolved single and binary stars at a distance that enables the detection of several tens of objects (Fenech et al., in preparation). In this study, we focus on the millimetre properties of the supergiant (sg)B[e] star Wd1-9 (RA 16°47′4.162 Dec. −45°50′31.373). SgB[e] stars are characterized by an aspherical circumstellar environment, comprising a high-velocity polar wind and a warm, dusty and gaseous equatorial disc/torus (Zickgraf et al. 1985), leading to a pronounced near-IR
continuum excess and rich emission line spectrum. The origin of the disc is uncertain, but recently interest has grown in binarity as a physical driver of the phenomenon (Podsiadlowski, Morris & Ivanova 2006; Clark et al. 2013a); if this is the case, then the circumstellar environment may encode information on the mass-loss history of the binary and critically the physics driving it.

Wd1-9 is the only sgB[e] star known to reside in a star cluster and hence one of the handful of Galactic objects for which a post-MS (main sequence) evolutionary state may be unambiguously determined (Clark, Ritchie & Negueruela 2013b). Interest in it was reignited by the discovery that it is one of the most luminous stellar radio sources known (Clark et al. 1998; Dougherty et al. 2010). A synthesis of the multiwavelength and epoch data set compiled as a result of this finding was presented in Clark et al. (2013b), which revealed an emission spectrum arising from the circumstellar environment that apparently entirely veils the nature of the central source, although the IR excess clearly indicates the presence of a hot dusty torus. Additionally, the presence of emission lines from high-excitation species (e.g. $[$S iv$]$, $[O iv]$) and an unexpected X-ray luminosity (Clark et al. 2008) provides persuasive evidence for binarity.

2 OBSERVATIONS AND IMAGE PROCESSING

Observations of Wd1 were performed with ALMA on 2015 June 30–July 1 (Project code: 2013.1.00897.S). The observations were made at a central frequency of 100 GHz with a total bandwidth of 7.5 GHz over four spectral windows. Each window contains 128 channels with a frequency width of 15.625 kHz. In total 27 pointings were used to cover Wd1; however, the results presented here utilize data solely from the pointing centred on Westerlund 1 #9 (Wd1-9). The array utilized 42 antennas with baselines ranging from 40 to 1500 m and a total on-source integration time per pointing of 242.3 s (~4 min). The data were calibrated using the standard ALMA pipeline procedures in Common Astronomy Software Applications (CASA) and included application of a priori calibration information as well flagging of erroneous data. Observations of J1617−5848 were used to perform the phase and bandpass calibration and observations of Titan and Pallas were used to amplitude calibrate the data assuming flux densities of 228.96 and 82.01 mJy, respectively, at 91.495 GHz. Self-calibration was then carried out using the bright (~150 mJy) compact source emission from Wd1-9. In addition to the observed continuum emission, we serendipitously detected broad-line emission coincident with the compact emission in Wd1-9 at a frequency of 92.060 GHz which we identify as the H41α radio recombination line (RRL). In order to analyse this RRL emission, following calibration, we analysed a single spectral window (91.42–93.42 GHz) containing the line emission following subtraction of the continuum contribution. Imaging of both the continuum and line emission was performed using the clean algorithm in CASA. Multiple images of the continuum emission were produced using Cotton–Schwab cleaning with both natural weighting (beam size: 0.58 × 0.46 arcsec) and Briggs Robust-0 (R0, beam size: 0.51 × 0.40 arcsec) weighting. Imaging was also performed using the multi-frequency synthesis (MFS) capability for both of these weighting schemes to produce spectral index and associated error maps. This performs frequency-dependent modelling during deconvolution to spatially map the spectral index and associated errors using the full 7.5 GHz bandwidth. All spectral indices and errors presented are taken directly from the spectral index and error images shown in Fig. 1 (for further details, see Rau & Cornwell 2011). In order to thoroughly study the low surface brightness extended emission of Wd1-9 and mitigate the high dynamic range requirements, images of the extended emission were made following subtraction of the strong compact source emission from the visibility data. In all cases, images of the continuum emission were produced excluding the channels containing the line emission. An image cube was also produced in the local standard of rest frame using the continuum-subtracted data with natural weighting and a velocity resolution of 50.90 km s$^{-1}$.

3 WD1-9 MORPHOLOGY

3.1 Continuum emission

The ALMA continuum imaging clearly shows two distinct components associated with Wd1-9; a bright compact source surrounded by lower brightness extended emission. Fig. 1 shows a R0-weighted image of the extended emission with overlaid contours of the compact source emission from an equivalent image. A 2-D Gaussian
fit to the compact source component gives a deconvolved size of 158.3±1.0×121.9±1.4 mas and a position angle (P.A.) of 0.7±1.2° with an integrated flux density of 153±8 mJy.

Previous Australia Telescope Compact Array (ATCA) observations of Wd1 at 8.6 GHz published by Dougherty et al. (2010) also showed both compact and extended emission components of Wd1-9. They determined a spectral index for the compact source of +0.68±0.07. A simple extrapolation from the observed radio flux density (24.9 mJy at 8.6 GHz; Dougherty et al. 2010) predicts a 100 GHz flux density of 132.1±24.7 mJy consistent with the 153 mJy observed. However, the compact source emission in the millimetre regime, whilst thermal, appears to have a much flatter spectral index, with a value of 0.00±0.015 at the peak of the compact emission, as can be seen from the spectral index map in Fig. 1. This would potentially indicate an opacity transition between the radio, where the wind was partially optically thick (as noted by Dougherty et al. 2010), and the millimetre where it appears to be perhaps more optically thin.

The resolved low surface brightness emission of Wd1-9 shows an almost N-S orientation with a P.A. ~0° (in good agreement with the deconvolved P.A. of the compact source) extending ~1.4 arcsec to the north and ~1.9 arcsec to the south, with the southerly lobe showing additional substructure. At an assumed distance of 5 kpc to Wd1-9² this implies a total extension of ~0.08 pc. This N-S structural asymmetry could be a result of a system inclination (see Section 4), which Clark et al. (2013b) calculate to be ~50°. It is also possible that this asymmetry could be the result of interaction with the cluster wind. However, given the core of the cluster lies to the south of Wd1-9 and the southern component is the more prominent, it is more likely a function of increased ionizing flux, as has previously been suggested by Dougherty et al. (2010) to be the cause of the cometary nebulae around several other stars within Wd1. The morphology of the extended emission clearly deviates from the spherical assumption made by Dougherty et al. (2010) when analysing the extended radio emission, though a direct comparison is difficult because of the differing capabilities of the ALMA and ATCA instruments. The spectral index image in Fig. 1 shows the extended emission also appears to be thermal. The N and S peak components within the maps have an index of −0.2±0.2 and -0.3±0.8, respectively. This as for the radio spectral index (0.16±0.07; Dougherty et al. 2010) indicates optically thin emission.

It is also interesting to note the presence of two narrow filaments extending to the SE and SW of the source. The SE component is clearly visible in the image in Fig. 1 with a 3σ detection. The SW component is somewhat fainter, appearing at ~2σ (see Fig. 2). Similar structure is seen in the 8.6 GHz ATCA observations (Dougherty et al. 2010) suggesting these structures are real, however more sensitive follow-up observations are required to confirm this.

### 3.2 H41α RRL emission

The RRL emission appears spatially as an unresolved point source coincident with the compact component of the continuum emission. The RRL profile is plotted in Fig. 3 and shows a broad single peak with a Gaussian-fitted FWHM of 163±5 km s⁻¹. The peak velocity −59±2 km s⁻¹ is consistent with the cluster velocity for Wd1

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1 P.A. is defined E through N or anti-clockwise.
2 Throughout the Letter, we adopt a distance of 1.4 kpc to MWC349A and 5kpc to Wd1-9.

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Figure 2. Background image is Robust-0 weighting clean image of Wd1-9 from the ALMA observations (following subtraction of the compact source from the data). Contours are as listed in Fig. 1. The overlying contours are from the 1998 ATCA observations at 8.6 GHz (see Dougherty et al. 2010). The red dashed lines indicate the low brightness filaments.

(Clark et al. 2014). Also plotted in Fig. 3 are the peak positions of the line emission as observed in each channel of the image cube. The positions were determined using a 2D Gaussian fit and the errors shown are the Gaussian-fitting calculated error and the formal position error as outlined in Weintraub et al. (2008). This diagram suggests that the position of the centroids vary linearly with a P.A. 71°, i.e. approximately perpendicular to the orientation of the extended emission, as illustrated by the dashed line in Fig. 1. As can be seen from both the RRL profile and the channel centroids plotted in Fig. 3, there appears to be a total velocity gradient of ~200 km s⁻¹ associated with the RRL emission. The ~80 ms shift seen in RA, equates to ~400 au (at 5 kpc) and is directly comparable to the scale of the dusty torus inferred by Clark et al. (2013b).

### 4 DISCUSSION

At mm wavelengths Wd1-9 is one of the most extreme stellar sources known. In terms of intrinsic luminosity, the only comparators are the LBV η Carinae (Abraham et al. 2014) and the B[e] star MWC349 (White & Becker 1985), where the emission arises, respectively, from a compact ejection nebula and a dense wind. Moreover, as with Wd1-9 both these stars are amongst a handful of stellar objects which also exhibit mm/RRL emission (e.g. Martín-Pintado et al. 1989; Abraham et al. 2014). Mindful of the putative association between LBVs and sgB[e] stars (e.g. Clark et al. 2013a), this immediately raises the question of which source (if either) does Wd1-9 resemble.

The spatial variability of the Gaussian H41α emission line is consistent with an origin in either a bipolar outflow or a rotating disc. In MWC349A, this line is similarly single peaked and is thought to arise in a disc wind outflow (e.g. Martín-Pintado et al. 1989), whereas the higher transition (e.g. H30α) line profiles appear double-peaked and are believed to originate in a rotating circumstellar disc (e.g. Weintraub et al. 2008; Báez-Rubio et al. 2013). Given the marked multiwavelength (optical-radio) similarities between Wd1-9 and MWC349A (e.g. Clark et al. 2013b), we assume the same for the H41α RRL here, although we caution that further observations will be required to unambiguously distinguish between both options.

If correct, the width of the line profile suggests an outflow velocity of ~100 km s⁻¹ for Wd1-9 and, in conjunction with both the
continuum mm and radio flux densities and the emission model from Dougherty et al. (2010), we calculate a current mass-loss rate of \( M \sim 6.4 \times 10^{-5} (d/5 \text{ kpc})^{1.5} \text{ M}_\odot \text{yr}^{-1} \). Both parameters are atypical for the late O/early B supergiants found within Wd1 (Negueruela, Clark & Ritchie 2010) and which might be expected to characterize the properties of the polar wind of an sgB[e] star (following Zickgraf et al. 1985). Indeed, such a slow and dense wind is only encountered amongst rather extreme examples of LBVs (Clark et al. 2014). However, this does not necessarily favour comparison of Wd1-9 to \( \eta \) Carinae as Abraham et al. (2014) attribute the continuum flux of \( \eta \) Carinae to a shell ejection event with \( M \sim 10^{-2.5} \ldots 10^{-1.5} \text{ M}_\odot \text{yr}^{-1} \), over two orders of magnitude greater than we infer for Wd1-9. However, the wind parameters for Wd1-9 are broadly comparable to those of MWC349A which, utilizing the fluxes and \( v_\infty \sim 50 \text{ km s}^{-1} \) from Tafoya, Gómez & Rodríguez (2004), gives \( M \sim 1.8 \times 10^{-5} (d/1.4 \text{ kpc})^{1.5} \text{ M}_\odot \text{yr}^{-1} \) assuming spherical symmetry and a distance of 1.4 kpc (Rygl et al. 2012). Following Tafoya et al. (2004), accounting for the non-spherical wind in MWC349A leads to a reduction in mass-loss rate by a factor of 2; a similar adjustment would also be required for Wd1-9 if future observations reveal that it too shares a similar wind morphology, leading to final mass-loss rates of \( \sim 0.9 \times 10^{-5} (d/1.4 \text{ kpc})^{1.5} \text{ M}_\odot \text{yr}^{-1} \) and \( \sim 3.2 \times 10^{-5} (d/5 \text{ kpc})^{1.5} \text{ M}_\odot \text{yr}^{-1} \) for MWC349A and Wd1-9, respectively. Unlike the standard sgB[e] paradigm where the high-velocity polar outflow is a standard line-driven stellar wind, in MWC349A it is attributed to a disc wind from the ionized surface of the predominantly neutral (un-ionized) circumstellar torus (Planesas, Martín-Pintado & Serabyn 1992). This is apparent in the bipolar ‘hourglass’ radio morphology (e.g. Tafoya et al. 2004) which is bisected by the opaque dusty torus. While the presence of a dusty torus is inferred for Wd1-9 via modelling of its IR continuum (inner/outer radii \( \sim 60 \text{ au}/800 \text{ au} \), respectively, with \( \sim 50^\circ \) inclination; Clark et al. 2013B), the greater distance to it precludes directly resolving either this or the putative disc wind with current observations (both structures reside within our observed compact component). Next, we turn to the extended emission in Wd1-9 and recent mid-IR observations of MWC349A which suggest that a remarkably similar nebula is present in its system (Gvaramadze & Menten 2012). In the case of MWC349A, the mid-IR nebula has a more developed ‘hourglass’ morphology, with the waist of the emission oriented in an E-W direction. The lobes of this nebula in MWC349A are outlined by approximately straight filaments extending from each end of the waist of the emission, suggesting the possible faint narrow filaments associated with Wd1-9 may represent a similar morphology. It is interesting to note however that the full development of a parsec-scale nebula (as seen for MWC349) around Wd1-9 could be restricted because of the high pressure of the ambient cluster medium within Wd1. High spatial resolution near-IR observations of the more compact neutral torus in MWC349A reveal that it also shares an E-W orientation (Danchi, Tuthill & Monnier 2001), with the bipolar radio emission that is attributed to a disc wind lying either side of this feature, with a resultant N-S orientation. If our hypothesis that MWC349A and Wd1-9 are similar systems is correct, we would attribute the spatially extended N-S band of emission in Wd1-9 (Fig. 1) to a similar toroidal structure seen (approximately) edge-on. Furthermore, if the compact point source embedded within it also represents a bipolar wind one would expect it to demonstrate an E-W orientation – a hypothesis apparently supported via our spectro-astrometry of the H41\alpha line. Intriguingly, the massive interacting binary RY Scuti also supports a comparable nebular morphology, which has been attributed to impulsive mass-loss events driven and shaped by binary interaction (Gehrz et al. 1995; Smith et al. 2011). As described in Section 1, the X-ray luminosity and spectrum of Wd1-9 clearly argues for binarity; comparison to other cluster members with comparable properties and orbital solutions (Bonanos 2007; Ritchie et al. 2010, e.g. WR A & B, Wd1-13) would suggest a short orbital period (<15 d) comparable to that of RY Scuti (~11.125 d). We therefore propose that the outflow, torii and nebula around Wd1-9 are also the result of binary interaction as has been suggested for MWC349 (Gvaramadze & Menten 2012).

5 CONCLUDING REMARKS

We have presented new ALMA 3 mm observations of Wd1-9 that reveal it to be exceptionally luminous, suggesting an extreme mass-loss rate in comparison to other cluster members. We identify both compact and extended thermal components and unexpected line emission in the H41\alpha transition associated with the
former. Analysis of the line centroids implies a velocity gradient of 
\(\sim 200 \text{ km s}^{-1}\) perpendicular to the bright N-S component of the
extended nebula. Clark et al. (2013b) have previously highlighted
the close similarity between Wd1-9 and the B[e] star MWC349A
at optical and IR wavelengths; these observations extend such a
comparison to the mm and radio regime. Both systems are thought
to host compact circumstellar torii which, in the case of MWC349A
drives a massive, slow wind perpendicular to its surface. By analogy
MWC349A, we suggest that the H41\alpha line emission associated
with Wd1-9 likewise arises in such an outflow. If this hypothesis
is correct, the terminal velocity and mass-loss rates of the winds in
both systems are comparable to within a factor of \(\sim 4\). Moreover, if
Wd1-9 and MWC349A host similar circumstellar environments we
would expect that future optimized observations will reveal higher
transitions (e.g. H29-31) by double peaked (cf. Weintroub
et al. 2008; Bæz-Rubio et al. 2013) and delineate the dusty torus
(running N-S) perpendicular to our putative outflow.

Assuming Wd1-9 and MWC349A are similar systems, we may
draw several far reaching conclusions. First, MWC349A would be
unambiguously a post-MS object, resolving a decades-old debate
(cf. Gvaramadze & Menten 2012, and references therein). Sec-
ondly, both systems would form prime laboratories for the study of
disc-wind launching, of considerable interest to the study of mass-
ive protostars as well as post-MS evolution. Similarly, both would
provide a window into the poorly understood physics of massive
interacting binaries. The mass-loss rates inferred for both Wd1-9
and MWC349A are sufficiently large that they cannot be attributed
to binary interaction on the nuclear (\(\sim 10^6\) yr) time-scale since this
would yield a total mass lost to the systems that was directly com-
parable to the initial masses inferred for the primaries. Instead, we
suppose that we are observing rapid case A mass transfer in both
systems occurring on the much shorter thermal time-scale (few
10\(^4\) yr). In such a scenario, a percentage of this mass is accreted by
the binary, with the remainder lost to the binary system (Petrovic,
Langer & van der Hucht 2005); both MWC349 and Wd1-9 suggest
that the latter process is mediated via a low terminal velocity disc
wind.

Extending this conclusion, we note that while formally classi-
fiable as sgB[e] stars following the criteria of e.g. Zickgraf et al.
(1985), both Wd1-9 and MWC349A appear to differ from other examples
in the Magellanic Clouds. In both cases, this is due to
(i) the origin of the polar wind (disc-driven rather than a classical
stellar wind) and (ii) the high temperature and compact nature of the
dusty toroids. We speculate that these differences result from
the stage of binary interaction in which we observe these systems,
with extensive mass transfer and mass-loss occurring within Wd1-9
and MWC349A on a thermal time-scale, while archetypal sgB[e]
stars such as R126 (Kastner et al. 2010) with colder more extended
discs may represent post-mass-transfer systems.

Finally, as noted before, the high mass-loss rates and low wind
velocities that characterize both Wd1-9 and MWC349A are similar
to the outflow properties of LBVs – both inferred directly and from
analysis of ejection nebulae (Clark et al. 2014). Given the LBV-like
variability observed in some sgB[e] binaries (Clark et al. 2013a),
one might speculate that the extreme mass-loss rates of some
LBV-like systems are also driven by binary (cf. RY Scuti).

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