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Astronomically paced changes in deep-water circulation in the western North Atlantic during the middle Eocene

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A R T I C L E   I N F O

Article history:
Received 19 July 2017
Received in revised form 5 December 2017
Accepted 6 December 2017
Available online 2 January 2018
Editor: M. Frank

Keywords:
NADW
AMOC
astronomical forcing
middle Eocene
IODP

A B S T R A C T

North Atlantic Deep Water (NADW) currently redistributes heat and salt between Earth’s ocean basins, and plays a vital role in the ocean-atmosphere CO\textsubscript{2} exchange. Despite its crucial role in today’s climate system, vigorous debate remains as to when deep-water formation in the North Atlantic started. Here, we present datasets from carbonate-rich middle Eocene sediments from the Newfoundland Ridge, revealing a unique archive of paleoceanographic change from the progressively cooling climate of the middle Eocene. Well-defined lithologic alternations between calcareous ooze and clay-rich intervals occur at the ~41-kyr beat of axial obliquity. Hence, we identify obliquity as the driver of middle Eocene (43.5–46 Ma) Northern Component Water (NCW, the predecessor of modern NADW) variability. High-resolution benthic foraminiferal δ\textsuperscript{18}O and δ\textsuperscript{13}C suggest that obliquity minima correspond to cold, nutrient-depleted, western North Atlantic deep waters. We thus link stronger NCW formation with obliquity minima. In contrast, during obliquity maxima, Deep Western Boundary Currents were weaker and warmer, while abyssal nutrients were more abundant. These aspects reflect a more sluggish NCW formation. This obliquity-paced paleoceanographic regime is in excellent agreement with results from an Earth system model, in which obliquity minima configurations enhance NCW formation.

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1. Introduction

Modern North Atlantic Deep Water (NADW) production accounts for ~40 to 50% of Atlantic Meridional Overturning Circulation (AMOC) (Broecker, 1998). As an important part of global thermohaline circulation, the AMOC helps regulate global climate in three primary ways: i) through the zonal and latitudinal redistribution of heat, salt, and nutrients (Broecker and Peng, 1982), ii) via the carbon cycle, by AMOC’s dominant role in moderating oceanic CO\textsubscript{2} uptake (Zickfeld et al., 2008) and iii) by its effect on atmospheric circulation through modulation of global sea surface temperatures (SST) (Mulitza et al., 2008). Accordingly, variations in AMOC intensity can cause large-scale perturbations to global and regional climates.

Ocean circulation has evolved in response to changes in paleo-geographic configurations over time. During the early Paleocene, the oceanic connection between the Greenland-Norwegian Sea and the North Atlantic was not yet established and the Atlantic was a much narrower elongated basin with extended adjacent shallow shelf areas (Scotese et al., 1988). Overturning principally occurred in the Southern Ocean during the late Paleocene to early Eocene (Pak and Miller, 1992; Thomas et al., 2003), with possible contribution of deep-water sources in the North Pacific (Thomas, 2004) and warm saline deep water originating in the Tethys (Scher and Martin, 2004). Extremely high deep ocean temperatures (up to 12°C higher than modern) (Cramer et al., 2011; Sexton et al., 2006a; Zachos et al., 2001) and elevated atmospheric CO\textsubscript{2} (Anagnostou et al., 2016) were associated with decreased latitudinal temperature gradients (Tripati and Elderfield, 2005) and an enhanced hydrologucal cycle (Barron et al., 1989) that freshened the surface ocean at high latitudes. During the early Eocene, rifting in the Greenland-Norwegian Sea (Mosar et al., 2002) created the
necessary paleogeographic preconditions for the onset of a deep-water source in the North Atlantic. In addition, global cooling increased the importance of surface salinity relative to sea surface temperature in the formation of deep water (De Boer et al., 2007), thus accentuating the potential for deep-water formation in the North Atlantic (De Boer et al., 2008). The input of mechanical energy triggered by winds, tides and eddies induces diapycnal mixing (Kuhlbrodt et al., 2007), adding to the buoyancy forcing, which results from differences in water temperature and salinity. This mixing drives the exchange between the surface ocean and deeper layers through overturning and upwelling of deep-water masses around the Antarctic Circumpolar Current (Toggweiler and Bjornsson, 2000; Toggweiler and Samuels, 1998).

The modern four layer ocean structure and increased export of Northern Component Water to the South Atlantic has been related to the development of the Antarctic Circumpolar Current during the late Eocene to early Oligocene when the Drake and Tasman Passages began to open (Cramer et al., 2009; Katz et al., 2011; Scher and Martin, 2008). Davies et al. (2001) proposed an onset of NCW at 35 Ma based on the identification and dating of the at this time oldest known North Atlantic Drift Sediments. Nd isotopes from the South Atlantic and the Southern Ocean have later been used to verify this age (Via and Thomas, 2006). However, the South Atlantic was less radiogenic (as characteristic of NCW) during the middle Eocene than during the Oligocene (Scher and Martin, 2008; Via and Thomas, 2006). Hohbein et al. (2012) pushed back the date of the onset of NCW based on the onset of sediment drift deposits within a restricted sedimentary basin at the Greenland–Scotland Ridge, a key gateway for modern NADW outflow into the North Atlantic. This age close to the early-middle Eocene boundary is supported by the onset of the Newfoundland Drifts (Boyle et al., 2017) and winnowing at Blake Nose as indicated by the deposition of foraminiferal sands which have been deposited across the early-middle Eocene boundary disconformity (Norris et al., 2001).

The proposed timing of first NCW at the early-middle Eocene boundary coincides with the invogiration of bottom currents inferred by large scale erosion in the North Atlantic (Berggren and Hollister, 1974), the onset of the Cenozoic global deep-water cooling trend (Zachos et al., 2001), major changes in deep-sea circulation as evident through changes in the global inter-basinal δ^{18}C gradient (Sexton et al., 2006a) warming of the Atlantic relative to Pacific bottom waters (Cramer et al., 2009) and enhanced global productivity (Nielsen et al., 2009).

Most attempts to characterize the oceanic response to astronomical forcing under greenhouse conditions during the Cenozoic have focused on the early Eocene greenhouse, before the onset of NCW formation (e.g. Lunt et al., 2011; Sloan and Huber, 2001). Here, we particularly focus on the response to changes in obliquity (i.e. the tilt of Earth’s rotational axis) after the onset of NCW (Boyle et al., 2017; Hohbein et al., 2012).

The effect of obliquity is largest at high latitudes, where the climate response to obliquity forcing is enhanced by various feedback mechanisms (Mantitsis et al., 2011). Several mechanisms including atmospheric and ocean circulation are known to transfer high latitude insolation forcing into mid or low latitudinal climate signals (Liu and Herbert, 2004). During the Pleistocene, overturning in the North Atlantic was hampered by freshwater release from ice sheet collapse during intervals with unusually warm summers caused by maxima in obliquity (Sigman et al., 2007). Furthermore, in pre-Pleistocene times when Northern Hemisphere ice sheets were absent or smaller, cooler global temperatures are usually associated with minima in obliquity (De Vleeschouwer et al., 2017; Hays et al., 1976) facilitating sea ice formation and thus stimulating NCW formation. This is consistent with strong NADW formation during early Pliocene (4.7–4.2 Ma) obliquity minima (Billups et al., 1997). In the absence of continental ice sheets, obliquity can regulate the strength of the thermohaline circulation via its influence on temperature and density gradients, the hydrological cycle, the extent of sea ice, and possibly via the carbon cycle (Kuhlbrodt et al., 2009; Rahmstorf, 1995).

Sediments at Site U1410, drilled duringIODP Expedition 342 at the Newfoundland Ridge (Norris et al., 2014) provide a unique opportunity to study middle Eocene deep ocean circulation in the western North Atlantic on orbital timescales. Here, we use the X-ray fluorescence (XRF) derived ratio of Ca/Fe in bulk sediment and benthic foraminiferal stable carbon and oxygen isotopes to constrain the intensity of the Deep Western Boundary Currents as well as deep-water nutrient availability and paleotemperature. Together, these allow us to infer orbital-scale variations in deep ocean circulation in the western North Atlantic during an interval of middle Eocene cooling. We establish the deep-water response to astronomical parameters and complement our observations with simulations using the coupled Earth system model COSMOS.

2. Material and methods

Site U1410 (41°19.6993′N, 49°10.1847′W; ~3387.5 m water depth) (Fig. 1) was drilled during Integrated Ocean Drilling Program (IODP) Expedition 342 – Paleogene Newfoundland Sediment Drifts (Norris et al., 2014). Middle Eocene sedimentation at this site occurred at a paleodepth of ~2950 m at ~50 Ma (Norris et al., 2012; Tucholke and Vogt, 1979). The recovered middle Eocene sediments hold a record of carbonate-rich, cyclic sequences. Moreover, relatively high sedimentation rates (2–4 cm/kyr) (Norris et al., 2014) characterize these sediments, allowing for a high-resolution reconstruction of oceanographic and climatic change.

2.1. XRF data

X-ray fluorescence measurements in the studied intervals were carried out on the Avaatech XRF Core Scanner at Scripps Institution of Oceanography Geological Collections, U.C. San Diego. Elemental
intensities were collected every 2 cm (ca. 1 kyr/sample) down-core over a 1.2 cm² area with a down-core slit size of 10 mm using generator settings of 10 kV and a current of 0.1 mA. The split surface of the archive half was covered with a 4 μm thick SPEXcerti Prep Ultralene 1 foil to avoid contamination of the XRF measurement unit and desiccation of the sediment. The sampling time at the split core surface was 20 seconds.

2.2. Isotope sampling strategy and chronology

For benthic foraminifer stable isotopes, we sampled the sedimentary record of Site U1410 at 4 cm intervals (ca. 2 kyr/sample). Some samples were taken from sections that are not incorporated in the latest version of the splice, as the initial shipboard splice was revised based on onboard-acquired XRF data (Supplementary Tables 1 and 2). We aligned all cores of Site U1410 on a centimeter scale to the depth scale of this revised splice (Supplementary Fig. 1 and Supplementary Table 3). All isotope data are placed on a common depth scale, and are directly comparable to other geochemical measurements presented here, though not consistently obtained from the same hole.

We updated the shipboard age model for Site U1410 by using the GTS 2012 Astronomic Age Model (Gradstein et al., 2012) ages of chron boundaries: 42.351 Ma for C19r/20n (131.76 mcd in Hole U1410A); 43.505 Ma for C20n/20r (163.86 mcd in Hole U1410A); 45.942 Ma for C20r/C21n (218.40 mcd in Hole U1410A); 47.837 Ma for C21n/C21r (252.53 mcd in Hole U1410A) (Norris et al., 2014). In between these chron boundaries, we use linear interpolation to transfer the XRF and stable isotope depth-series into time-series. Benthic stable isotope data are given in Supplementary Table 4.

2.3. Analytical methods for stable isotopes of benthic foraminifera

Sediment samples were soaked in sodium metaphosphate (according to a cleaning protocol for Eocene Exp. 342 samples; Hull et al., 2017) and washed through a 150 μm sieve. Based on availability, 5–15 well preserved, ‘glassy’ (sensu Sexton et al., 2006b) specimens of the benthic foraminifera *Nuttallides trumpyi* without any visible infillings were picked from the >150 μm fraction in order to generate stable carbon and oxygen isotope data. These ‘glassy’ foraminifera contrast sharply with the ‘frosty’ preservation (Sexton et al., 2006b) that is typical of fossil foraminifera from the vast majority of deep-sea sedimentary sequences. Samples were measured on a Finnigan MAT 251 gas isotope ratio mass spectrometer connected to a Kiel III automated carbonate preparation device at MARUM, Bremen. Data are reported in the usual delta notation versus V-PDB. The instrument was calibrated against the in-house standard (ground Solnhofen limestone), which in turn was calibrated against the NBS-19 standard reference material. Over the measurement period the standard deviations of the in-house standard were 0.03‰ for δ¹³C and 0.07‰ for δ¹⁸O. Benthic foraminiferal carbon and oxygen isotopes from *Nuttallides trumpyi* were corrected to *Cibicidoides* using well established interspecies correction factors (Katz et al., 2003). We plot and discuss all benthic foraminiferal isotope data corrected to *Cibicidoides*.

2.4. Time-series analysis

Time-series analysis was carried out using the REDFIT algorithm (Schulz and Mudelsee, 2002) for unevenly spaced time series as implemented in the PAST software (Hammer et al., 2001). The analyses were performed in the time-domain with a Welch-window and without oversampling or segmentation. Prior to spectral analyses a Lowess smoother (smoothing factor = 0.66 equal to ~1.7 Myr) was applied to all data series to remove long-term trends. Bandpass filters isolate and extract the components of signals associated with a specific range of frequencies. We employed band-pass filters to assess the behaviour of a specific range of frequencies in a studied signal using the R astchron package (Meyers, 2014). The periodicity range for bandpass filtering of obliquity cycles is between 29 and 55 kyr. We chose such a relatively broad range in order to capture the major obliquity components at 41 kyr, 54 kyr and 29 kyr (Laskar et al., 2004), which is crucial for a correct representation of amplitude modulation patterns. We obtained the amplitude envelope of the obliquity-filtered signal by the application of the Hilbert Transform, as implemented in astchron. A lowpass filter at 130 kyr was applied to the obliquity amplitude modulation to capture the main obliquity amplitude modulation periods. The frequency range for the direct 173-kyr filter is between 130 and 220 kyr. Phase estimates and coherences were calculated with the Blackman-Tukey method using the Analyseries software (Paillard et al., 1996).

2.5. Earth system model

Eocene climate simulations were performed using the Earth system model COSMOS, in the coupled atmosphere-ocean configuration with prescribed vegetation. The model configuration includes the atmosphere component ECHAM5 at T31/L19 resolution, i.e. a horizontal resolution of ~3.75° with nineteen vertical layers (Roeckner et al., 2006). The Max Planck Institute Ocean Model (MPI-OM) runs in a GR30/L40 configuration, i.e. has an average horizontal resolution of 3° × 1.8° with 40 uneven vertical layers (Marsland et al., 2003). MPI-OM includes the dynamics of sea ice formulated using viscous-plastic rheology (Hibler III, 1979). Our version of COSMOS has been extensively used and validated in the context of glacial (Werner et al., 2016; Zhang et al., 2014), interglacial (Lohmann et al., 2013; Pfeiffer and Lohmann, 2016), and Miocene (Knorr et al., 2011; Knorr and Lohmann, 2014) climates.

In order to model deep-water circulation at and after the early-middle Eocene boundary, we employed an Ypresian (56–47.8 Ma) paleogeography compiled by GETECH (Lunt et al., 2016) and modified the paleogeography in the North Atlantic to account for the tectonic changes at the early-middle Eocene boundary. We have modified the original paleogeography by closing the Gibraltar Straits following the reconstruction by Stampfli et al. (2002). A deep connection between the Greenland-Norwegian Sea and the North Atlantic via the deepest part of the Greenland-Scotland Rift was established by at least ~48.5 Ma (Hobbein et al., 2012). The Arctic Ocean was an isolated, poorly ventilated basin, comparable to the modern Black Sea (Stein et al., 2006) and the Fram Strait only connected the Greenland-Norwegian Sea and the Arctic from the early Miocene onwards (Jakobsson et al., 2007). For this reason, we employ a paleogeography with a closed Fram Strait and a Greenland-Norwegian Sea gateway of 500 m water depth in our obliquity minimum/maximum experiments.

Based on this paleogeography, the boundary conditions to run the model include the prescription of vegetation distribution (Sewall et al., 2007), the set-up of the hydrological discharge model (Hagemann and Dümenil, 1997), orography-related parameters for the gravity wave drag parameterization (Lott and Miller, 1997), glacier mask, the concentration of greenhouse gases in the atmosphere, and orbital parameters. The solar constant was reduced by 0.6% compared to present-day and is equal to 1358.8 W/m². Eccentricity and precession were set to present day values. The CO₂ level was set to 3x pre-industrial level (840 ppm) (Anagnostou et al., 2016), while other greenhouse gases were set to present day values. We prescribed no ice sheets in either hemisphere.

We set up two experiments, with different obliquity angles, keeping eccentricity and precession constant. In the first experiment (OBLMAX), obliquity is set to a minimum value of 22.1°, while in the second (OBLMIN) to a maximum value of 24.5°. Both sim-
ulations were integrated for 7000 model years to reach steady state. The analysis is based on a climatology (long-term average) calculated from the last 100 years of simulations. We run an additional minimum obliquity experiment with an adjusted Greenland-Scotland Ridge sill depth of 200 m to test the sensitivity of NCW formation to this bathymetric feature. The simulation was restarted from experiment OBLMIN at a model year 6200 and was further run for 800 years to the model year 7000.

3. Results

3.1. Paleoceanographic proxies and their astronomical interpretation

Cyclic drift deposits replace continuous pelagic sediment at 244 mcd within the deeper third of chron C21n. The investigated sediment section (~158–219 mcd) in chron C20r contains middle Eocene sediment drift deposits composed of light grayish green nannofossil clay interlayered with nannofossil ooze. These well-developed alternations between nannofossil clay and nannofossil ooze reflect the primary lithological cycles in carbonate content. Carbonate content varies between ~30 wt% in the darker nannofossil clay and 80 wt% in the nannofossil ooze (Boyle et al., 2017; Norris et al., 2014). The alternation between both lithologies is well captured by the XRF-derived ratio between calcium and iron (Ca/Fe), with high Ca/Fe ratios in the nannofossil ooze and low ratios in the clay-rich intervals. The onset of the drift sediments is marked by a sharp decrease in the mean Ca/Fe ratio at 244 mcd (Fig. 2a).

3.1.1. XRF-derived Ca/Fe

The Ca/Fe ratio in chron C20r is characterized by low amplitude cycles of less than 10 counts/counts in the older part of the chron (46–44.1 Ma) and high amplitude of up to 80 counts/counts in its younger part (44.1–43.5 Ma). The power spectrum of the log(Ca/Fe) time-series suggest obliquity as the main driver of Ca/Fe variance, as it exhibits a double spectral peak exceeding the 99% confidence level (CL) at obliquity-related periods of 29–55 kyr (between 0.018–0.034 cycles/kyr; Fig. 3a).

Another strong spectral peak emerges at a period of 18.7 kyr (0.053 cycles/kyr), very close to the frequency where one would expect the imprint of the ~20-kyr precession cycle. However, this spectral peak is more likely to be the first harmonic of the fundamental frequency of the obliquity cycles. Indeed, the log(Ca/Fe) cycles are characterized by a non-sinusoidal periodic waveform (Supplementary Fig. 2a). Using Fourier expansion, such a signal is represented by the sum of an infinite series of all-integer harmonic frequencies. This means that a power spectrum of such a signal will have a harmonic peak at all multiples of the fundamental frequency, in this case obliquity (Supplementary Fig. 2b). Hence, we interpret the observed peak at 18.7 kyr as the first harmonic of obliquity, rather than as the imprint of precession. Apparent amplitude modulations of obliquity with a frequency of ~173 kyr result from the resonance or “beat” between the (present-day) 41-kyr and 53-kyr obliquity cycles, for which the frequencies are determined by the precession constant and the frequency of the ascending node precession of respectively the Earth–Moon body (p+s3) and Saturn (p+s6) (Laskar et al., 2004).
3.2. Earth system model

Figs. 4a and 4d display global SSTs, as simulated by the Earth system model, under minimum and maximum obliquity conditions, respectively. On average, SSTs are 1.5 °C during obliquity minima relative to obliquity maxima (Fig. 4g). The average deep-water temperature difference between both astronomical configurations is 0.2 °C, with the obliquity minimum simulation being cooler than the obliquity maximum simulation. The amount of relative cooling gradually increases towards the poles; the Arctic is characterized by a 5.9 °C difference between both simulations. The latitudinal SST gradient increases by 5.5 °C during obliquity minima compared to obliquity maxima, a feature seen in other models (Mantis et al., 2011).

Deep-water cooling of up to 1.3 °C occurs during obliquity minima in the Arctic Ocean, the North Atlantic and the Nordic Sea. The model predicts that Site U1410 was exposed to ~12 °C cooler bottom waters during middle Eocene obliquity minima compared to obliquity maxima (Fig. 5).

Average global sea surface salinities (SSS) are 0.4 psu higher during obliquity minima compared to obliquity maxima. Differences are most pronounced in the Tethys, where surface salinities increase by more than 2 psu during obliquity minima (Figs. 4b, 4e and 4h). At the same time, SSS decreases by ~0.5 psu in the Labrador Sea, while SSS in the Greenland-Norwegian Sea is barely affected by variations in obliquity.

The simulated deep-water formation is strongly seasonal and occurs primarily in the Weddell Sea and Ross Sea during boreal summer and in the Eastern North Atlantic and the Greenland-Norwegian Sea during boreal winter. Mixed-layer depth is deeper during obliquity minima in boreal winter in the Greenland-Norwegian Sea (Figs. 4c, 4f and 4i). Deep Western Boundary Currents at the paleodepth of Site U1410 (~2950 m) are faster during obliquity minima, while during obliquity maxima stronger currents occur in intermediate water depth ~1500 m.

Our simulations exhibit deep-water formation and a Deep Western Boundary Current in the North Atlantic in all three simulations (Fig. 6), indicated also in the global meridional ocean circulation. Enhanced overturning with depth down to 4200 m is detected for minimum obliquity, whereas a reduced overturning with depths down to 3500 m is detected for maximum obliquity, and for the model set up with minimum obliquity and assuming a 200 m sill depth of the Greenland-Scotland Ridge (Fig. 6).

The simulation with the shallower Greenland-Scotland Ridge sill depth shows that the exact geometry of NCW and SCW is susceptible to changes in the overflow capacity of the Greenland-Norwegian Sea. The deep-water formation is weaker and shallower in the shallower simulation compared to simulations with a 500 m deep Greenland-Scotland Ridge, while the Southern Ocean component is strengthened.

4. Discussion

In this section, we will use the results from our palaeoclimate simulation experiments to illustrate the mechanism involved in the invigoration of NCW formation in response to orbital forcing. It should be noted, however, that the exact amplitude of
Fig. 4. Boreal winter paleoceanography as simulated by the COSMOS model. Seasonally averaged Sea Surface Temperature (SST), Sea Surface Salinity (SSS) and mixed layer depth for boreal winter under (a-c) obliquity minimum configuration, and under (d-f) obliquity maximum configuration. (g-i) Seasonal differences in SST, SSS and mixed layer depth between the obliquity minimum and obliquity maximum simulations.

Fig. 5. Annual difference in temperature at 2785 m water depth between the obliquity minimum and the obliquity maximum simulation. The depth of 2785 m corresponds to the approximate paleodepth of Site U1410 during the middle Eocene.

astronomically-forced change depends on different boundary conditions (e.g. paleobathymetry, atmospheric CO₂ level, vegetation distribution, continental ice volume).

4.1. Paleoceanographic change in the Western North Atlantic

Proxy records at Site U1410 in the Western North Atlantic off Newfoundland reveal a strong imprint of obliquity. However, during the middle Eocene, Site U1410 was located at a paleolatitude of ~41°N, where 83% of the variability in incoming summer insolation (June 21) is ascribed to precession and only 17% to obliquity (relative amplitude of obliquity compared to precession at 41°N over the past 1 Ma from Laskar et al., 2004). In that respect, it is remarkable that the log (Ca/Fe) and stable isotope proxy records exhibit an astronomical imprint that is dominated by obliquity. The most likely explanation for this observation is an oceanographic teleconnection between the paleolocation of Site U1410 and high latitudes, where obliquity has its maximum influence on insolation variability.

A mechanism to enable such an oceanographic teleconnection is the invigoration of Deep Western Boundary Currents in response to the onset of NCW formation, which has previously been linked to the deposition of contourite drift sediments at the early-middle Eocene boundary across the North Atlantic (Boyle et al., 2017; Hohbein et al., 2012). At Site U1410, this change in bottom water circulation is marked by the sharp decrease in Ca/Fe at ~47 Ma coinciding with a lithology change from biogenic pelagic sediments to muddy drift sediments. Several lines of evidence imply that the lithological variability in carbonate content is related to the input of clay: (1) Middle Eocene carbonate deposition between ~3300 and ~4300 m paleo-water depth at IODP Expedition 342 sites indicate a deep North Atlantic carbonate compensation depth (CCD) at this time (Norris et al., 2014), with the CCD lying well below the paleodepth of Site U1410. The excellent preservation of calcareous microfossils at Site U1410 further strengthens these observations. (2) An order-of-magnitude increase in bulk sediment mass accumulation rates, due primarily to an increase in the terrigenous component (Boyle et al., 2017). (3) Increases in the sedimentation rate at Site U1410 with the onset of drift sediments have the same proportional magnitude as decreases in CaCO₃ content at the same time (Norris et al., 2014). These arguments together exclude changes in productivity as the primary driver of the Ca/Fe signal. In contourite deposits, winnowing and sorting of particles of different grain-size and specific weight should have a significant influence the grain size and elemental composition. At flow speeds below 10–15 cm s⁻¹ common for the deposition of muddy contourites, sediment composition is controlled by selective deposition, whereas winnowing and erosion only play a role at faster cur-
Fig. 6. Deep western boundary current velocity and global meridional overturning circulation. Annually averaged current velocities during (a) the obliquity minimum and (b) the obliquity maximum simulation. (c) Annually averaged current velocities under a minimum obliquity configuration and for a Greenland-Scotland Ridge 200 m sill depth (500 m in nominal simulations in panels (a–b)). Positive values (red) indicate clockwise overturning cells; negative values (blue) indicate counter-clockwise overturning cells. The contour spacing is 4 Sverdrup. (For interpretation of the references to colour in this figure legend, the reader is referred to the web version of this article.)
rent velocities (McCave and Hall, 2006). The increase in terrigenous accumulation and the drop in the ratio of Ca/Fe at the onset of the drifts indicates that current velocities were sufficient to transport clay from sources along the northeast Canadian continental margin southward to the topographically isolated Newfoundland ridges but insufficient for winnowing (Boyle et al., 2017). For this reason, we attribute the terrigenous component of the sediment reflected by the ratio of Ca/Fe as a proxy for the Deep Western Boundary Current velocity. Consequently, low Ca/Fe corresponds to strong Deep Western Boundary Currents and vice versa.

Benthic foraminiferal carbon isotope ratios are primarily controlled by deep-water nutrient availability. Modern NADW is a young deep-water mass formed by convection of surface waters predominantly sourced from low latitude areas marked by low nutrient and high chlorophyll where intense phytoplankton productivity effectively strips most of the available nutrients out of surface waters. As such, NADW is relatively nutrient-depleted. Plankton preferentially extracts $^{12}$C from surface waters. Young deep-water masses (i.e. close to their source region) forming in regions supplied by surface waters sourced from low latitude areas marked by low nutrients and high chlorophyll are thus enriched in $^{13}$C and can be distinguished by their relatively high $\delta^{13}$C values (Kroopnick, 1985). Alternatively, the changes in benthic foraminiferal carbon isotopes could reflect global changes in $\delta^{13}$C$_{\text{DIC}}$ due to the growth and decay of the terrigenous and geological carbon reservoirs (e.g. terrestrial biosphere, gas hydrates, volcanic outgassing, organic matter accumulation) on obliquity timescales. The phase relation between our proxies (Fig. 3d) reveals that the invigoration of Deep Western Boundary Currents (Ca/Fe minima) corresponds to a greater influence of nutrient-depleted bottom waters and/or the growth of $^{13}$C-depleted reservoirs ($\delta^{13}$C maxima) and cold bottom water temperatures ($\delta^{18}$O maxima) at Site U1410 on obliquity timescales. The strong coherence between Ca/Fe and $\delta^{13}$C (Fig. 3) supports a common mechanism driving both proxies, related to NCW variability in the western North Atlantic at the rhythm of obliquity.

We propose that episodes of strong NCW formation correspond to obliquity minima based on the following arguments: (1) The phase relationship between obliquity amplitude modulation patterns and a direct 173-kyr filter exhibit a positive phase relationship for Ca/Fe (Fig. 7) and negative phase relationships for $\delta^{18}$O. These phase relationships indicate that increased Ca/Fe ratios correspond to high variability in Ca/Fe. Thus, we can link high Ca/Fe to obliquity maxima. In the benthic foraminiferal $\delta^{18}$O record, the direct 173-kyr filter and the obliquity amplitude modulation are in antiphase, linking high obliquity-variability in $\delta^{18}$O (during a 173-kyr obliquity maximum) with low $\delta^{18}$O. In other words, minima in benthic foraminiferal stable oxygen isotopes correspond to maxima in obliquity. However, the phase analysis between the 173-kyr $\delta^{13}$C filter and the $\delta^{11}$C obliquity envelope did not yield results that were statistically significant. Nevertheless, we infer the same obliquity phase relationship for $\delta^{13}$C as for $\delta^{18}$O, as both are in phase with each other (and in antiphase with Ca/Fe). (2) $\delta^{18}$O maxima in the deep ocean are generally linked to global cooling in response to obliquity minima (De Vleeschouwer et al., 2017; Hays et al., 1976). (3) Our simulations in COSMOS show the same proportional cooling and invigoration of Deep Western Boundary Currents during obliquity minima that we see in our data, providing independent support for the phaseing of our data with respect to axial obliquity.

The amplitude of benthic foraminiferal oxygen isotope variability at the 41 kyr rhythm of obliquity ranges between 0.2 and 0.4‰. Using the equation from Bernis et al. (1998), this variability corresponds to deep-water temperature changes between 0.8 and 1.6 °C over the course of a middle Eocene obliquity cycle. These values are in excellent agreement with the results from our climate simulations, which exhibit a 1.2 °C difference between the obliquity minimum and obliquity maximum simulation in the deep northwestern Atlantic (Fig. 5).

In accordance with our paleoceanographic proxy data, our ocean circulation simulations indicate that Deep Western Boundary Currents were invigorated during obliquity minima, transporting more clay to the Newfoundland Ridge than during obliquity maxima (Fig. 6). These simulations also predict a larger amount of nutrient-depleted NCW reached the Newfoundland region during obliquity minima (Fig. 6a, b).

4.2. Source and formation of middle Eocene northern component water

The modern AMOC is characterized by overturning cells in the Southern Ocean (Antarctic Bottom Water) and in the North Atlantic (NADW). The two major components of modern NADW are Nordic
Sea Overflow Water and Labrador Sea Water. Nordic Sea Overflow Water is the densest part of NADW and is formed through convection of highly saline surface water in the Greenland-Norwegian Sea induced by cooling. Nordic Sea Overflow Water is fed back into the North Atlantic by overflow over the Greenland-Scotland Ridge and forms the lower part of the Deep Western Boundary Current. Labrador Sea Water, on the other hand, is less dense than Nordic Sea Overflow Water and forms the upper part of the Western Boundary Current after convection in the Labrador Sea (Hansen and Østerhus, 2000). Our proxy data do not allow us to distinguish between deep waters convected in the Greenland-Norwegian Sea versus Labrador Sea during the middle Eocene. Yet, several lines of evidence suggest the Greenland-Norwegian Sea as the (primary) source of NCW in the middle Eocene: First, the paleodepth of Site U1410 is ~3000 m, much deeper than the convection depth of modern Labrador Sea Water (Pickart et al., 2002). Second, the onset of drift sedimentation at the Judd Falls Drift on the Greenland-Scotland Ridge suggests deep-water formation in the Greenland-Norwegian Sea in the early middle Eocene (Hobbein et al., 2012). At the same time, the residual depth of the Iceland Plume was robustly linked to the percentage of NCW for the last 10 Ma (Poore et al., 2006), the low residual depth during the middle Eocene could have enabled first considerable NCW overflow over the GSR. Third, our modelling results show the Eastern North Atlantic and the Greenland-Norwegian Sea as the primary overturning locations during boreal summer, while no deep-water formation occurs in the Labrador Sea.

A later onset of Labrador Sea Water in the late Eocene to early Oligocene is in agreement with previous studies (Borrelli et al., 2014; Kaminski et al., 1989). Based on the available paleoceanographic evidence, we propose the onset of NCW in the Greenland-Norwegian Sea at the early-middle Eocene boundary and a later initiation of deep-water formation in the Labrador Sea.

4.3. The role of Northern Component Water in the evolution of global climate

Inter-basinal benthic δ¹³C and δ¹⁸O gradients are commonly used to distinguish between different water masses. Cramer et al. (2009) used a global compilation of benthic isotope records to assess Cenozoic paleoceanographic change, whereas Sexton et al. (2006a) focused on the Eocene. These authors show that Paleogene δ¹³C signatures of deep waters were very similar between the different ocean basins, particularly between the North Atlantic and the Southern Ocean. The U1410 benthic δ¹³C values during the middle Eocene are on the lower range of the global composite and in the same range with previous values from the North Atlantic. Middle Eocene North Atlantic δ¹³C values are intermediate between, but very similar to those of the South Atlantic and the Southern Ocean. Accordingly, inter-basinal benthic δ¹³C was low to non-existent, until Pacific benthic δ¹³C started to become lighter from about 14 Ma onwards, whereas the Southern Ocean demonstrates a trend towards lighter values from about 8 Ma. Together, this suggests that inter-basal δ¹³C gradients may not have been as useful as a water mass tracer as in the modern ocean and have been modulated by additional mechanisms such as the link between climate and the biological productivity. This is supported by the correspondence between δ¹³C and δ¹⁸O during the middle Eocene.

Benthic foraminiferal δ¹⁸O gradients have been used to track the onset of the modern bimodal ocean circulation based on thermal differentiation between the ocean basins. Studies based on this proxy for thermal differentiation between the North Atlantic and the Southern Ocean suggest the onset of NCW at 38.5 Ma, yet do not preclude an earlier contribution from GSR overflow (Borrelli et al., 2014; Langton et al., 2016). However, this date is unsupported by evidence from other proxies such as the onset of North Atlantic drift sedimentation and Nd isotopes. Just as for the carbon isotopes, our benthic foraminiferal oxygen isotopes are in the range of existing global benthic foraminiferal isotope values for the middle
Eocene (Fig. 8). The U1410 benthic δ18O values are at the low end (i.e., warmer/less salty) of the global stack, reflecting the warming of the Atlantic and the Southern Ocean relative to the Pacific, which starts at ~48 Ma (Cramer et al., 2009). The relative warming of the Atlantic with respect to the Pacific can be explained by the onset of convection in the North Atlantic and thus the increased export of energy from the surface to the deep North Atlantic. We therefore propose that further thermal differentiation between Atlantic water masses occurred as a result of cooling in the deep Southern Ocean rather than the onset of NCW at 38.5 Ma. Such cooling has been shown to result from the opening of the Drake and Tasman Passages and the establishment of the proto-Antarctic Circumpolar Current during this time (Sijp et al., 2011). We thus infer a more complicated and variable history of deep-water circulation in the Atlantic between the onset of the Cenozoic cooling at ~49 Ma and the large scale glaciation of Antarctica at the Eocene–Oligocene boundary.

4.4. Response of NCW production to astronomical forcing

NCW formation in the Greenland-Norwegian Sea is driven by the density gradient between the surface ocean and underlying water layers. This density gradient responds sensitively to changes in the salt balance and temperatures at the North Atlantic convection sites. We propose a combination of five different climatic feedback mechanisms, responding to astronomical forcing, explaining the strong NCW signal during obliquity minima in sediments from the Newfoundland Ridge.

Cooler global temperatures during obliquity minima, amplified in the North Atlantic, result in enhanced oceanic heat loss to the atmosphere in the North Atlantic. The strong cooling increases the density of the saline surface waters flowing north from the subtropics. This process could increase surface water density until that water starts to sink.

Moreover, during obliquity minima, comparatively weak insolation at high latitudes cools the water (density increases), while the stronger than normal insolation at low latitudes induces warmer water (density decreases). The resulting enhanced meridional density gradient favours a stronger overturning (Butler et al., 2016). Interestingly, the occurrence of ice rafted debris indicates the initiation of glaciation around the Arctic and the Greenland-Norwegian Sea around the same time as the initiation of NCW at ~47 Ma and ~44 Ma, respectively (Stickleby et al., 2009; Tripati et al., 2008). Because lower obliquity decreases annual-average insolation at high latitudes, sea ice growth should peak during localized cold periods coeval with obliquity minima. Sea-ice formation removes freshwater from the ocean, leaving behind enough salt to increase the salinity of the upper ~25 m of the water column by 1 psu per meter of sea ice thickness (Maykut, 1985).

A decline in seasonality owing to low obliquity weakens the hydrological cycle in the Northern Hemisphere and preferentially decreases total annual precipitation across the high latitudes (Lawrence et al., 2003). The resulting reduction of freshwater influx into the Greenland-Norwegian Sea and the North Atlantic would increase the density of surface waters, thereby strengthening thermohaline circulation.

The observed changes in North Atlantic circulation in our proxy data could result from changes in atmospheric CO2 responding to variations in obliquity. In the geological record and climate models, elevated deep-sea temperatures (De Vleeschouwer et al., 2017; Hays et al., 1976) and higher atmospheric CO2 concentrations (Scheffer et al., 2006) correspond to obliquity maxima (Lüthi et al., 2008). Global warming and elevated atmospheric CO2 can weaken the thermohaline circulation by surface water warming and surface water freshening (Rahmstorf, 2006). Consequently, increasing atmospheric CO2 concentration during obliquity maxima has the potential weaken NCW formation by decreasing the density of the surface water.

In our middle Eocene simulations, SST in the North Atlantic and Greenland-Norwegian Sea respond sensitively to changes in obliquity, while little variance in SSS in these regions suggests only a minor impact of the hydrological cycle on overturning intensity (Fig. 4b, e, h). Sea ice formation does not occur outside of the Arctic in our middle Eocene simulation, while sedimentological evidence indicates that temperatures were seasonally cold enough to allow the formation of glaciers around the Nordic Seas at ~44 Ma (Tripati et al., 2008). We therefore conclude that temperatures at the deep-water formation areas and increased vertical and meridional density gradients are the main modulators of middle Eocene overturning intensity. The coherency of δ13C with δ18O supports the proposed role of orbital forcing on regional deep-water formation.

5. Conclusions

High-resolution benthic foraminiferal stable oxygen and carbon isotopes from contourite deposits in the western North Atlantic (Newfoundland Drift, IODP Expedition 342, Site U1410) combined with geochemical data from XRF reflect bottom water nutrient-content, temperature and Deep Western Boundary Current velocity. Records from the Newfoundland Drifts indicate variations in NCW formation and associated Deep Western Boundary Current strength on orbital timescales, dominated by obliquity. Combined with global circulation model experiments the results show that enhanced overturning is associated with a strong cooling of surface waters in the Greenland-Norwegian Sea during obliquity minima, while NCW formation is weaker with relatively warm temperatures in the Greenland-Norwegian Sea during obliquity maxima. Our modelling results indicate that middle Eocene NCW was primarily formed in the Greenland Norwegian Sea and the eastern North Atlantic.

Acknowledgements

M.V., D.D.V. and H.P. are funded by European Research Council Consolidator Grant EarthSequencing (grant agreement 617462). L.N. is funded by the National Center of Science, Poland (DEc-2012/07/N/ST10/03419) and the DAAD (grant 57130104). L.N. gratefully acknowledges G. Knorr (AWI) and J. Tyszka (ING PAN) for their scientific support. G.L. is funded by the Helmholtz society through the PACES and REKLIM programs. This research used data provided by the Integrated Ocean Drilling Program (IODP). IODP is sponsored by the US National Science Foundation (NSF) and participating countries under the management of Joint Oceanographic Institutions (JOI), Inc. We thank H. Kuhnert and the team of the stable isotope laboratory at MARUM, Bremen, for the support with stable isotope measurements and the IODP Bremen core repository (BCR) for logistical support. We thank all participating scientists, technical staff, and crew of IODP Expedition 342 for the acquisition and shipboard analysis of cores used in this study.

Appendix A. Supplementary material

Supplementary material related to this article can be found online at https://doi.org/10.1016/j.epsl.2017.12.016.

References


