ADHD One Stop Shop: a nurse-led, multi-agency drop in clinic for young people with ADHD

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Aim
To implement and evaluate a nurse-led, multi-agency drop in clinic for young people with ADHD.

Method
Repeated measures observational study over 12 months evaluating the impact on access to services during ‘crisis’ situations, regular attendance at medication reviews, adherence to NICE guidance and service user feedback.

Results
62 parents/carers participated in the study. All children attending the clinic received at least one medication review in the 12 month period. A significant improvement in service user experience pre, during and post implementation P=0.001. The number of crisis management attendances pre and post implementation significantly increased p=0.005. Service users attended for their medication review on or before their actual due date p=0.011. By previous comparison those who need additional clinic time were able to spend more time with the staff p=0.001.

Conclusion
The clinic improved accessibility and flexibility of services, improved adherence to NICE (2008) and improved experience. Further research should examine the cost effectiveness and longitudinal impact of the clinic model.

Reference: