ADHD One Stop Shop: a nurse-led, multi-agency drop in clinic for young people with ADHD

Conference or Workshop Item

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**Aim**

To implement and evaluate a nurse-led, multi-agency drop in clinic for young people with ADHD.

**Method**

Repeated measures observational study over 12 months evaluating the impact on access to services during 'crisis' situations, regular attendance at medication reviews, adherence to NICE guidance and service user feedback.

**Results**

62 parents/carers participated in the study. All children attending the clinic received at least one medication review in the 12 month period. A significant improvement in service user experience pre, during and post implementation P=0.001. The number of crisis management attendances pre and post implementation significantly increased p=0.005. Service users attended for their medication review on or before their actual due date p=0.011. By previous comparison those who need additional clinic time were able to spend more time with the staff p=0.001.

**Conclusion**

The clinic improved accessibility and flexibility of services, improved adherence to NICE (2008) and improved experience. Further research should examine the cost effectiveness and longitudinal impact of the clinic model.

**Reference:**