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The Spin Periods of Magnetic Cataclysmic Variables

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Abstract. We have used a model of magnetic accretion to investigate the rotational equilibria of magnetic cataclysmic variables (MCVs). This has enabled us to derive a set of equilibrium spin periods as a function of orbital period and magnetic moment which we use to estimate the magnetic moments of all known intermediate polars. We further show how these equilibrium spin periods relate to the polar synchronisation condition and use these results to calculate the theoretical histogram describing the distribution of magnetic CVs as a function of $P_{\text{spin}}/P_{\text{orb}}$. We demonstrate that this is in remarkable agreement with the observed distribution assuming that the number of systems as a function of white dwarf magnetic moment is distributed according to $N(\mu_1)d\mu_1 \propto \mu_1^{-2}d\mu_1$.

1. The sample of MCVs

As shown in Figure 1, the MCVs occupy a wide range of parameter space in the spin period ($P_{\text{spin}}$) versus orbital period ($P_{\text{orb}}$) plane. This indicates that accretion occurs by a variety of different types of magnetically controlled flow. However, certain regions of the diagram are sparsely populated. In order to understand this distribution we use a model of magnetic accretion to investigate the rotational equilibria of these systems. First we discuss the systems included in Figure 1 and their characteristics.

1.1. Synchronous polars

We include 67 synchronous polars ranging from CV Hyi with a period of 77.8 min to V1309 Ori with a period of 7.98 h. Magnetic field strength estimates exist for 52 of these, spanning the range $\mu_1 \sim 3 \times 10^{33} - 10^{35}$ G cm$^3$. It is apparent that a true period gap no longer exists for polars, however we note that there are 22 synchronous systems with $P_{\text{spin}} = P_{\text{orb}} > 2.5$ h and a further 45 systems with $P_{\text{spin}} = P_{\text{orb}} < 2.5$ h.
1.2. Asynchronous polars

There are 5 systems in which $P_{\text{spin}}$ and $P_{\text{orb}}$ differ by around 2% or less. These are assumed to be polars that have been disturbed from synchronism by a recent nova explosion. The systems are V1432 Aql with $P_{\text{spin}}/P_{\text{orb}} = 1.003$ (Friedrich et al. 1996), BY Cam with $P_{\text{spin}}/P_{\text{orb}} = 0.992$ (Silber et al. 1992), V1500 Cyg with $P_{\text{spin}}/P_{\text{orb}} = 0.983$ (Schmidt & Stockman 1991), V4633 Sgr with $P_{\text{spin}}/P_{\text{orb}} = 1.023$ (Lipkin et al. 2001), and CD Ind with $P_{\text{spin}}/P_{\text{orb}} = 0.989$ (Schwope et al. 1997). In Figure 1 these systems are essentially indistinguishable from the synchronous polars.

1.3. Nearly synchronous intermediate polars

Slightly further away from synchronism than the asynchronous polars are 4 recently discovered systems that may best be described as nearly synchronous intermediate polars. The systems are V381 Vel with $P_{\text{spin}}/P_{\text{orb}} = 0.910$ (Tovmassian, these proceedings), RXJ0524+42 with $P_{\text{spin}}/P_{\text{orb}} = 0.866$ (Schwarz, these proceedings), HS0922+1333 with $P_{\text{spin}}/P_{\text{orb}} = 0.882$ (Tovmassian, these proceedings) and V697 Sco with $P_{\text{spin}}/P_{\text{orb}} = 0.737$ (Warner & Woudt 2002). Two of these systems lie in the ‘period gap’. We suggest that all four systems are intermediate polars in the process of attaining synchronism and evolving into polars.
1.4. Conventional intermediate polars

We include 22 systems that we classify as conventional intermediate polars. These all have spin to orbital period ratios in the range $0.25 > P_{\text{spin}}/P_{\text{orb}} > 0.01$ and $P_{\text{orb}} > 3$ h. The systems are V709 Cas (Norton et al. 1999), 1RXSJ154814.5–452845 (Haberl, Motch & Zickgraf 2002), 2236+0052 (Woudt & Warner, these proceedings), V405 Aur (Allan et al. 1996), YY Dra (Haswell et al. 1997), PQ Gem (Duck et al. 1994), V1223 Sgr (Taylor et al 1997), AO Psc (Taylor et al. 1997), HZ Pup (Abbott & Shafter 1997), UU Col (Burwitz et al. 1996), FO Aqr (de Martino et al. 1999), V2400 Oph (Buckley et al 1997), BG CMi (de Martino et al. 1995), TX Col (Norton et al. 1997), 1WGA1958.2+3232 (Norton et al. 2002), TV Col (Vrtilek et al. 1996), AP Cru (Woudt & Warner 2002), V1062 Tau (Hellier, Beardmore & Mukai 2002), LS Peg (Rodriguez-Gil et al. 2001), RR Cha (Woudt & Warner 2002), RXJ0944.5+0357 (Woudt & Warner, these proceedings), and V1425 Aql (Retter, Leibowitz & Kovo-Kariti 1998). The orbital period of 1RXSJ154814.5–452845 is currently uncertain, and the two possible values are both shown in Figure 1, connected by a horizontal line.

1.5. EX Hya-like systems

There are a further 4 intermediate polars that lie below the ‘period gap’. These all have $P_{\text{spin}}/P_{\text{orb}} > 0.1$ and $P_{\text{orb}} < 2$ h. Given their location on the $P_{\text{spin}}$ versus $P_{\text{orb}}$ diagram, we refer to these as ‘EX Hya-like’ systems for convenience. The systems are HT Cam (Kemp et al. 2002), RXJ1039.7–0507 (Woudt & Warner 2003a), V1025 Cen (Hellier, Wynn & Buckley 2002) and EX Hya (Allan, Hellier & Beardmore 1998). The systems DD Cir (Woudt & Warner 2003b) and V795 Her (Rodriguez-Gil et al. 2002) lie within the ‘period gap’ with $P_{\text{spin}}/P_{\text{orb}} > 0.1$ and may be included with these systems.

1.6. RXJ1914.4+2456 and RXJ0806.3+1527

RXJ1914 (a.k.a. V407 Vul) and RXJ0806 are X-ray sources that each display a single coherent periodicity at 569s and 321s respectively. They have been suggested to be double degenerate systems, where the modulation represents the orbital period of either a polar, an Algol-like system or an electrically powered star (Cropper et al. 1998, these proceedings; Ramsay et al. 2000, 2002a, 2002b; Marsh & Steeghs 2002; Wu et al. 2002; Israel et al. 1999, 2002, these proceedings). It has also been suggested that the systems are face-on stream-fed intermediate polars (Norton, Haswell & Wynn 2002), in which case the periods observed are beat periods between the white dwarf spin and orbital periods caused by the accretion stream flipping from one pole to the other twice in each synodic period. For stream-fed flow, the orbital periods must be $< 2.37$ h for RXJ1914 and $< 1.33$ h for RXJ0806. We include these systems in Figure 1 under the assumption that they are intermediate polars. Their data points are shown with ‘tails’ indicating the upper limits on their spin and orbital periods.

1.7. Rapid rotators

Finally there are a mixed bag of 6 objects that are characterized by rapidly rotating white dwarfs. They all lie in the region of the diagram defined by $P_{\text{spin}}/P_{\text{orb}} < 0.01$, but with a large range of orbital periods. They include the
Spin periods of MCVs

2. Spin equilibria

The spin rate of a magnetic white dwarf accreting via a disc reaches equilibrium when the rate of angular momentum accreted by the white dwarf is equal to the braking effect of the magnetic torque on the disc close to its inner edge. The inner edge of such a disc may then be defined as the point where the magnetic stresses exceed the viscous stresses.

Most models for this equilibrium spin period find that the inner edge of the disc, at radius $R_{\text{in}}$, is roughly equal to the magnetospheric radius $R_{\text{mag}}$ and also to the corotation radius, $R_{\text{co}}$, that is the radius at which a particle in a Keplerian orbit would orbit the white dwarf at the same rate as the white dwarf spins on its axis. This implies that systems whose white dwarfs have low surface magnetic moments will be rapid rotators, whilst systems whose white dwarfs have high surface magnetic moments will be slow rotators.

In turn, this leads to the requirement for truncated accretion disc formation of $R_{\text{in}} \sim R_{\text{mag}} \sim R_{\text{co}} << R_{\text{circ}}$ (i.e. the circularisation radius at which material would first go into orbit around the white dwarf). With this hierarchy of radii, the spin and orbital periods of the system must then satisfy $P_{\text{spin}}/P_{\text{orb}} << 0.1$. Whilst this condition is clearly satisfied for the rapid rotators like DQ Her, V533 Her, XY Ari and GK Per, it is clearly not true for all intermediate polars.

Indeed, systems with $P_{\text{spin}}/P_{\text{orb}} > 0.1$ are unlikely to possess discs, since this implies $R_{\text{in}} \sim R_{\text{mag}} \sim R_{\text{co}} >> R_{\text{circ}}$. King & Wynn (1999) showed that the spin period of EX Hya can be understood as an equilibrium situation in which the magnetospheric and corotation radii extend out to the inner Lagrangian point, $R_{\text{mag}} \sim R_{\text{co}} \sim b$. They used simulations of the accretion flow for parameters appropriate to EX Hya to show that a range of equilibrium spin periods are possible, but that the maximum possible spin to orbital period ratio is $P_{\text{spin}}/P_{\text{orb}} \sim 0.68$, in remarkable agreement with the periods of EX Hya. King & Wynn further suggested that a continuum of spin equilibria should exist appropriate to a range of magnetic moments and orbital periods. The aim of the work reported below was to explore this parameter space.

3. The magnetic model

The equation of motion of plasma in a magnetic field is

$$\rho \frac{dv}{dt} = -\nabla P - \nabla \left[ \frac{B^2}{8\pi} \right] + \frac{1}{R} \left[ \frac{B^2}{4\pi} \right] \hat{n} + \nabla \Phi_{\text{grav}}$$

(1)
If we assume the tension term is the dominant force, then the magnetic acceleration is given by

\[ a_{mag} = \frac{1}{R^2 \rho} \left[ \frac{B^2}{4\pi} \right] \dot{n} \]  \hspace{1cm} (2)

This in turn may be parameterized by introducing the drag parameter \( k \) via

\[ a_{mag} = -k(r, t, \rho)[\Omega_K - \Omega_s] \]  \hspace{1cm} (3)

where \( \Omega_K \) is the angular speed of the material orbiting the white dwarf with Keplerian velocity and \( \Omega_s \) is the angular speed of the magnetic field lines.

Up to this point, the model is appropriate for any form of magnetic interaction. However, if we now assume that the accretion flow takes the form of diamagnetic blobs, we may express \( k \) in terms of the magnetic timescale \( t_{mag} \) or the magnetic field strength \( B \), the Alfvén speed \( c_A \), and the blob density \( \rho \) and length \( l \).

\[ k \sim \frac{P_{orb}}{t_{mag}} \sim \frac{B^2(r, \theta)}{c_A \rho l} \]  \hspace{1cm} (4)

The blob density is approximated by

\[ \rho \sim \frac{\dot{M} 4\pi^2}{P_{orb}^2 c_s^2} \]  \hspace{1cm} (5)

and the blob length by

\[ l \sim \frac{P_{orb} c_s}{2\pi} \]  \hspace{1cm} (6)

where the sound speed is

\[ c_s \sim \left( \frac{kT}{m_H} \right)^{1/2} \]  \hspace{1cm} (7)

with \( T \sim 3000 \) K.

The model outlined above is implemented in a computer code and may be used to allow systems to evolve to their rotational equilibrium. Other examples of the use of the model are presented in King & Wynn (1999), Hellier, Wynn & Buckley (2002) and Ultchin, Regev & Wynn (2002).

4. Results

The results of running the model to establish the allowed range of equilibrium spin periods are shown in Figure 2, and Figure 3 shows some example accretion flows corresponding to different regions of the parameter space explored. The model was run for 10 different orbital periods (80 m, 2 h, 3 h, ..., 10 h) for each of 11 different values of the \( k \) parameter (between \( 10^2 \) and \( 10^7 \)). These \( k \) values have been converted into the corresponding value of the white dwarf surface magnetic moment \( \mu_1 \), assuming the diamagnetic blob prescription of Equation 4. Lines on Figure 2 connect the points for each orbital period. The line for an orbital period of 80 m essentially reproduces that obtained by King & Wynn appropriate to EX Hya. It should be noted that there is some latitude in
applying the conversion from $k$ to $\mu_1$ (mostly from the assumed values of $\rho$ and $l$ describing the blobs), so the envelope of equilibrium periods may shift laterally in the plane. Also, the calculations were performed for a single value of white dwarf mass ($0.7\, M_\odot$) and different values will shift the results slightly in the vertical direction. Nonetheless it is encouraging that the predicted equilibrium spin periods lie in the range at which many MCVs are seen. It should also be noted that the estimated magnetic field strengths for the intermediate polars that display polarized emission (e.g. PQ Gem, BG CMi, V2400 Oph and LS Peg) lie within the region covered by the results.

Figure 2. The equilibrium spin periods of MCVs obtained by running the model. Each line connects 11 data points ($11\, k$ values) and represents the equilibrium spin periods at a given orbital period. The ten lines correspond to orbital periods of $80\, m$, $2\, h$, $3\, h$ ... $10\, h$. The lines for shorter orbital periods are to the upper left of the region plotted. The measured magnetic moments of polars are shown by the triangles along the top of the figure. The estimated magnetic moments of the intermediate polars are shown by squares and have been obtained by tracing across at the appropriate $P_{\text{spin}}/P_{\text{orb}}$ value to intersect the equilibrium line for the appropriate orbital period.

In the envelope of allowed parameter space shown on Figure 2, we note that the region with $P_{\text{spin}}/P_{\text{orb}} < 0.1$ corresponds to $R_{\text{mag}} \sim R_{\text{co}} < R_{\text{circ}}$ and so indicates regions where truncated accretion discs may form. The region with $P_{\text{spin}}/P_{\text{orb}} \sim 0.1$ corresponds to $R_{\text{mag}} \sim R_{\text{co}} \sim R_{\text{circ}}$ and the region with $P_{\text{spin}}/P_{\text{orb}} \sim 0.6$ corresponds to $R_{\text{mag}} \sim R_{\text{co}} \sim b$. 
Figure 3. Examples of the accretion flows corresponding to a few of the equilibrium situations identified in Figure 2. Truncated disc-like flows occur for lower magnetic moments / smaller spin to orbital period ratios; stream-like flows occur for higher magnetic moments / larger spin to orbital period ratios.

If we now assume that all MCVs are at their equilibrium spin period we can place the intermediate polars on Figure 2 by tracing across at the appropriate $P_{\text{spin}}/P_{\text{orb}}$ value to intersect the equilibrium line for the appropriate orbital period. In this way, most of the squares have been placed on Figure 2. For the few systems that have $P_{\text{spin}}/P_{\text{orb}} > 0.6$ (i.e. EX Hya and the 4 nearly synchronous intermediate polars) we have simply placed them above the mid-point of the plateau part of the relevant curves at the appropriate $P_{\text{spin}}/P_{\text{orb}}$ value. We note that in cases where $\dot{P}_{\text{spin}}$ is measured for intermediate polars, several are spinning up whilst a similar number are spinning down, and FO Aqr has been seen to do both. Hence the assumption that intermediate polars are close to their equilibrium spin periods is a good one with only small deviations apparent on short timescales.

5. Synchronisation

We now use the results obtained above to investigate the polar synchronisation condition. We may assume that systems become synchronized once the magnetic
locking torque is equal to the accretion torque. Hence
\[
\frac{\mu_1 \mu_2}{a^3} = \dot{M}(GM_1 R_{\text{mag}})^{1/2}
\]  
(8)

where the surface magnetic moment on the secondary may be approximated by
\[
\mu_2 = 2.8 \times 10^{33} P_{\text{orb}}^{9/4} \text{ G cm}^3
\]  
(9)

from Warner (1996) with $P_{\text{orb}}$ in hours. The magnetospheric radius is approximated by the corotation radius,
\[
R_{\text{mag}} \sim R_{\text{co}} = \left(\frac{GM_1 P_{\text{spin}}^2}{4\pi^2}\right)^{1/3}
\]  
(10)

and the mass accretion rate $\dot{M}$ is set to the secular value given by
\[
\dot{M} = 2.0 \times 10^{-11} \times P_{\text{orb}}^{3.7} M_\odot \text{ yr}^{-1}
\]  
(11)

for $P_{\text{orb}} > 2.7$ h (McDermott & Taam 1989) and
\[
\dot{M} = 2.4 \times 10^{15} \times \frac{M_1^{2/3} P_{\text{orb}}^{-1/6}}{(1 - \frac{15q}{19})(1 + q)^{1/3}} \text{ g s}^{-1}
\]  
(12)

for angular momentum loss by gravitational radiation (Warner 1995) which we assume to be dominant at $P_{\text{orb}} < 2.7$ h. The mass ratio is $q = M_2/M_1$ where we assume a primary mass of $M_1 = 0.7 M_\odot$ and a secondary mass given by $M_2 = 0.091 P_{\text{orb}}^{1.44} M_\odot$.

Solutions to Equation 8 are plotted as diagonal lines on Figure 4. Each line connects points at which synchronisation will occur for a given orbital period. The lines shown are for orbital periods of 3 h, 4 h, ... 10 h, as those for shorter orbital periods lie to the upper left of the region plotted. Where these diagonal lines intersect the equilibrium spin period lines for their respective orbital periods, gives the points at which systems will synchronize. The locus of these points is shown by the thick line which simply connects the various intersection points. Hence, systems lying below the thick line will not be prone to synchronise, whilst those lying above will tend to do so.

6. Predictions

From Figures 2 and 4 it can be seen that the intermediate polars above the period gap virtually all lie below the synchronisation line. The two systems just above the line are RR Cha and RX J0944.5+0357 with $P_{\text{spin}}/P_{\text{orb}}$ of 0.161 and 0.168 respectively. We suggest these three are probably normal intermediate polars and within the errors of our calculation are consistent with sitting below the synchronisation line. Lying well above the synchronisation line are the two nearly synchronous intermediate polars V697 Sco and HS0922+1333 with $P_{\text{spin}}/P_{\text{orb}}$ of 0.737 and 0.882 respectively. We suggest that these two systems are on their way
to synchronism. A similar fate should hold for the rest of the intermediate polars above the period gap that have relatively high white dwarf magnetic moments. At short orbital periods, the picture is rather different. All 6 of the EX Hya-like intermediate polars, plus the two nearly synchronous intermediate polars RXJ0524+42 and V381Vel, lie above the synchronisation line and so should be synchronised. We suggest the reason for them not being synchronised could be that the secondary stars in the EX Hya-like systems have low magnetic moments (i.e. less than predicted by Equation 9) and so are unable to come into synchronism.

It is also apparent from Figure 2 that virtually all the intermediate polars have $\mu_1 < 5 \times 10^{33}$ G cm$^3$ whereas virtually all of the polars have $\mu_1 > 5 \times 10^{33}$ G cm$^3$. This discrepancy between the intermediate polar and polar magnetic fields has been noted in the past, and poses the question: where are the synchronous systems with low white dwarf magnetic moments? We can suggest three possibilities for the answer.

Firstly, it may be that the systems with a low white dwarf magnetic moment do synchronize, but in the synchronous state they are primarily EUV emitters.
and so unobservable. Alternatively it may be that when systems with low white dwarf magnetic moment evolve to short orbital periods, for some reason they simply do not synchronize, but remain on the spin equilibrium line where the rest of the EX Hya-like systems reside. Finally there is the possibility raised by Cummings (these proceedings) that the magnetic fields in intermediate polars are buried by their high accretion rate and so are not really as low as they appear. In this picture, one could envisage that as intermediate polars evolve towards shorter orbital periods, when they reach the period gap the mass transfer shuts off, the magnetic field of the white dwarf re-surfaces, and the systems synchronize before re-appearing below the period gap as conventional, high field, polars.

7. The magnetic moment distribution of white dwarfs in MCVs

The results shown in Figure 4 can also be used to characterize the theoretical distribution of MCVs as a function of the white dwarf surface magnetic moment. We assume that the number of systems varies according to

\[ N(\mu_1)d\mu_1 \propto \mu_1^{-n}d\mu_1 \]  

(13)

where \( n \) is a number to be determined. We may integrate under the equilibrium curves shown in Figure 4 to get the predicted number of systems within a given range of \( P_{\text{spin}}/P_{\text{orb}} \). The number in a given bin is then

\[ N \propto \left[ \frac{\mu_1^{1-n}}{1-n} \right] \log \mu_1 - \frac{\Delta \log P_{\text{spin}}}{G} \]  

(14)

where \( G \) is the gradient of a cubic fit to each of the equilibrium curves in Figure 4. The range of spin to orbital period ratios was divided into eight logarithmic bins, seven of which were 0.25 wide in log space and the eighth corresponded to synchronous systems. The integration was carried out over the magnetic moment range \( 10^{32} \text{ G cm}^3 < \mu_1 < 10^{35} \text{ G cm}^3 \) and at the spin to orbital period ratio (for a given orbital period) indicated by the thick line in Figure 4, we assume that systems become synchronized. The predicted number of systems was averaged over orbital periods of 3, 4, 5, and 6 hours assuming systems to be distributed evenly in orbital period, and the final result was normalised to the number of known MCVs with orbital periods greater than 3 h.

The best fit value of the power law index \( n \) was found to be at 1.95, with a reduced chi-squared of \( \chi_r^2 = 0.56 \), as shown in Figure 5, although values between \( \sim 1.85 \) and 2.05 are also valid \( (\chi_r^2 < 1) \). The cumulative histograms comparing the observed number of systems with that predicted by Equation 13 with \( n = 1.95 \) is shown in Figure 6, and Table 1.

8. Conclusions

We have demonstrated that there is a range of parameter space in the \( P_{\text{spin}}/P_{\text{orb}} \) versus \( \mu_1 \) plane at which spin equilibrium occurs for MCVs. Using the results of numerical simulations we can infer the surface magnetic moments of the white
Figure 5. The reduced chi-squared verses power law index obtained by fitting Equation 13 to the observed number of MCVs with $P_{\text{orb}} > 3$ h.

Table 1. Cumulative histograms comparing the observed number of systems with that predicted by Equation 13 with $n = 1.95$

<table>
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<th>Lower edge of bin</th>
<th>$\log(P_{\text{spin}}/P_{\text{orb}})$</th>
<th>$P_{\text{spin}}/P_{\text{orb}}$</th>
<th>$N(\text{obs})$</th>
<th>$N(\text{model})$</th>
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<td>0.00</td>
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dwarfs in intermediate polars to be mostly in the range $10^{32}$ G cm$^3 < \mu_1 < 5 \times 10^{33}$ G cm$^3$. Most of the intermediate polars with orbital periods greater than 3 h lie below the synchronisation line, whilst most systems with orbital periods less than 2 h lie above it and should be synchronized. High magnetic moment intermediate polars at long orbital periods will evolve into polars. Low magnetic moment intermediate polars at long orbital periods will either: evolve into EX Hya-like systems at short orbital periods; evolve into low field strength polars which are (presumably) unobservable, and possibly EUV emitters; or, if their fields are buried by high accretion rates, evolve into conventional polars.
Spin periods of MCVs

Figure 6. Cumulative histograms showing the observed number of MCVs with $P_{\text{orb}} > 3\,\text{h}$ and the predicted number according to Equation 13 with $n = 1.95$, as a function of spin to orbital period ratio.

Once their magnetic fields re-surface when mass accretion turns off, EX Hya-like systems may have low magnetic field strength secondaries and so avoid synchronisation.

We have also shown that the distribution of MCVs above the period gap follows the relationship $N(\mu_1)\,d\mu_1 \propto \mu_1^{-2}\,d\mu_1$. Recent data from G. Schmidt (private communication), concerning the magnetic field strength distribution of isolated white dwarfs, reveals a drop off in the number at high magnetic field strengths in those systems too.
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