Investigating the role of wearable activity-tracking technologies in the well-being and quality of life of people aged 55 and over

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Investigating the role of wearable activity-tracking technologies in the well-being and quality of life of people aged 55 and over

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OU in collaboration with Oxford University, Age UK Milton Keynes, Carers MK and Samsung UK

Motivation
Stakeholders

- GPs and healthcare professionals
- People aged over 55 years who were already using these devices
- Carers and people they care for
- People aged over 55 years who hadn't used these devices

Evidence base

- Ethical dilemmas
- Making sense of the data
- Interfacing of the devices with apps
- Usability of the devices
- Self-monitoring of health
- Behavioural changes
ESRC Knowledge exchange project

- GPs and healthcare professionals
- people aged over 55 years who were already using these devices
- evidence base + participants
- carers and people they care for
- people aged over 55 years who hadn’t used these devices
- manufacturers

Collaborators

- Emeritus Professor Darrel Ince, The Open University
- Mr Rohit Ail and Ms Qian Shen, Samsung Electronics R&D Institute UK
- Mrs Sue Bowering and Mr Robert Benn, Carers MK
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