Investigating the role of wearable activity-tracking technologies in the well-being and quality of life of people aged 55 and over

Conference or Workshop Item

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Investigating the role of wearable activity-tracking technologies in the well-being and quality of life of people aged 55 and over

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OU in collaboration with Oxford University, Age UK Milton Keynes, Carers MK and Samsung UK

Motivation
**Stakeholders**

- GPs and healthcare professionals
- People aged over 55 years who were already using these devices
- Carers and people they care for
- People aged over 55 years who hadn't used these devices

**Evidence base**

- Usability of the devices
- Ethical dilemmas
- Self-monitoring of health
- Making sense of the data
- Interfacing of the devices with apps
- Behavioural changes

**Evidence base**
GPs and healthcare professionals

people aged over 55 years who were already using these devices

evidence base + participants

carers and people they care for

people aged over 55 years who hadn't used these devices

manufacturers

Collaborators

- Emeritus Professor Darrel Ince, The Open University
- Mr Rohit Ail and Ms Qian Shen, Samsung Electronics R&D Institute UK
- Mrs Sue Bowering and Mr Robert Benn, Carers MK
- Dr Kate Hamblin and Dr George Leeson, The Oxford Institute of Population Ageing, University of Oxford
- Mrs Jane Palmer, Age UK Milton Keynes (MK)
Project website and contact details

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