Older people & technological innovations - lifelong learning and applications for health and wellbeing

Conference or Workshop Item

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Older People & Technological Innovations-lifelong learning and applications for health and wellbeing
The project objectives were to increase the:

- confidence of older people and workers to use diverse technologies in daily life
- opportunities for older people and their supporters to engage with existing, new and emerging technologies
- use of technology as a medium that enhances older peoples’ opportunities to be fully engaged citizens in local, national, European and global society
‘Opt-in’

– EU Grundtvig-funded project

Partners:
– The Open University
– Institute of Gerontology at the Technical University of Dortmund, Germany
– The University of Maribor, Slovenia
– The University of Stirling, Scotland
– Verwey-Jonker Institute, Netherlands
Project work packages

- The Open University - pedagogic approaches in learning new technology – use of new and emerging technologies
- Dortmund University – project evaluation - use of the Nintendo Wii
- The University of Stirling – good practice in user involvement - safe use of the internet
- University of Maribor – interactive workshops - PRIMER ICT moodle courses
- Verwey Jonker Institute – dissemination and networking – confidence to use new technology and tackling social isolation
Pedagogic Approaches

• Play and interaction
• Adult learners - knowledge builders and creators, not just recipients of transmitted knowledge
• Adult learning environments - that provide supported environments where the group collectively discover and make sense of experiences
Opt-in workshops - Open University
Opt-in workshops - Dortmund
Opt-in workshops - Stirling University
Opt-in workshops - Maribor
Opt-in workshops - Verwey Jonker Institute

• Computer Bus Plus
• 50+ net
• Senior Web
Sharing experiences

European exchanges – technology, language and culture

Project launch – Introducing technology workshops, different ways of working.

First exchange – sharing learning experiences, language difficulties for learners, positive and negative experiences
Learners experiences

I have been a subject participant in some research projects before; but never before the academics have taken so much trouble to nourish my aims for participation in the project as in this one.
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