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Abstract. In this paper, IRAS, ISO, and molecular line observations of the M8 and M8E sources in the Lagoon Nebula are reported.

1. Introduction

M8, the Lagoon Nebula (NGC 6523), is one of the most prominent H II regions in the Galaxy. It has been studied over a wide range of wavelengths, as summarised by Lada et al. (1976), Elliot et al. (1984), Woodward et al. (1986) and Stecklum et al. (1995). The excitation of the central region is dominated by radiation from recently formed OB stars, especially the O7V star Herschel 36 (H 36). At far-IR wavelengths the region is dominated by emission from the bipolar Hourglass Nebula and the nearby compact source M8E.

2. Observations

The mm and submm wavelength data were obtained with the 15 metre James Clerk Maxwell Telescope (JCMT) in Hawaii; near-IR narrow-band (Δλ/λ ~ 1\%) observations of the He I 2\(^1\)P – 2\(^1\)S (λ2.058µm), H\(_2\) ν=1–0 S(1) (λ2.122µm), and HI Br\(\gamma\) (λ2.166µm) lines were made at the ESO/MPG 2.2 metre telescope on La Silla; a broad-band K’ frame was taken with the 3.9 m Anglo-Australian Telescope and mid-IR grating spectra were obtained with ISO’s SWS and LWS spectrometers (see White et al. 1997 and the A&A ISO Special Issue for further details).

The Lagoon Nebula is a prominent H II region which contains the second most intense known CO molecular line source. The H II region is surrounded by several expanding shells of molecular material which have a total mass ~ 1500

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Numerous sites of triggered star-formation are found at the edges of the shells, rather like a pearl necklace strung out around the edge of the H II region. A composite view of the area around The Lagoon Nebula is shown in Figure 1.

CO molecular line emission at the position of H36 is unusually intense, with peak temperatures $\sim 130$ K. A composite of the various mm, near-IR and optical lines is shown in Figure 2.

As seen in Fig 2 c), the spatial distribution of the wings is quite complex; the red-shifted gas lies predominantly to the north, and blue-shifted gas dominates close to H 36 and the Hourglass Nebula. This traces the edge of a cavity surrounding H 36. From C$^{18}$O observations, the mass of the core is $\sim 31$ $M_\odot$ and the size is $\sim 0.2 \times 0.3$ pc. The integrated CO $J = 3 - 2$ emission peaks at H 36 and extends over a range of $\sim 20$ km s$^{-1}$.

Spectra obtained with ISO towards M8E are shown in Fig 3.
Figure 2. Maps and images of the Hourglass region: a) integrated CO $J = 3 - 2$ emission ($2 - 23 \text{ km s}^{-1}$); b) integrated CO $J = 4 - 3$; c) high velocity blue ($0 - 5.5 \text{ km s}^{-1}$) and red ($15 - 20.5 \text{ km s}^{-1}$) emission, with the Hourglass Nebula indicated by the shaded region close to the centre; d) $^{13}$CO $J = 3 - 2$ integrated emission; e) C$^{18}$O $J = 3 - 2$ integrated emission; f) CI integrated emission; g) continuum-subtracted Br$\gamma$; h) continuum-subtracted HeI. i) broad-band AAT K' (used as the continuum to prepare g) and h)); j) HST Archive H$\alpha$; k) HST Archive [O III]; l) HST [S II]. The contour values and ranges are listed in White et al. 1997. The (0,0) position is that of the exciting source H36: $\alpha_{1950} = 18^{h} 00^{m} 36.3^{s}$, $\delta_{1950} = -24^{\circ} 22^{\prime} 53^{\prime\prime}$. 
Figure 3. M8E SWS and LWS spectra. The SWS spectra contain a number of absorption lines due to CO, CO$_2$, and H$_2$O ices. The carrier of the emission feature at 136.5 $\mu$m cannot be identified; it is unlikely to be due to the $3_{00} - 3_{21}$ line of ortho H$_2$O, since other lower excitation water lines at 174 and 179 $\mu$m are not seen in the LWS spectra.

M8E is the compact core seen in Figure 1 lying east of H 36. An analysis of the ISO LWS lines, and comparison with a nearby ‘off-source’ reference spectrum suggests that most of the lines seen in the LWS spectrum originate in a nearby, previously known, compact H II region. The fluxes of the $[\text{O I}](63)$, $[\text{O I}](145)$ and $[\text{CII}](158)$ lines are respectively $1.5 \times 10^{-17}$, $1.2 \times 10^{-18}$ and $7.6 \times 10^{-18}$ W cm$^{-2}$ respectively. The ratios $[\text{O I}(63)]/[\text{CII}(15 8)]/[\text{O I}(63)]/[\text{O I}(145)]$ are thus 1.97/12.5, which are typical of a PDR illuminated by a radiation field of intensity $\sim 3 \times 10^4$ G$_0$ and $n$(H$_2$) $\sim 10^4$ cm$^{-3}$ (Nisini et al. 1996). From the SWS ice features, we derive the following column densities for solid phase material: H$_2$O: $3.5 \times 10^{17}$ cm$^{-2}$, CO: $1.25 \times 10^{17}$ cm$^{-2}$ and CO$_2$: $1.2 \times 10^{17}$ cm$^{-2}$, following Whittet et al. (1996). The optical depth of the H$_2$O line is $\sim 0.13$, corresponding to a visual extinction A$_v$ $\sim 5$ magnitudes, and the silicate absorption features originate at A$_v$ $\sim 15$ magnitudes, representing the different evaporation conditions at the grain surfaces of the respective species.

We have modelled the SED of the envelope of M8E in order to get information about the circumstellar material that surrounds the object. The model consists of a spherical dust envelope with a radius $R_{ext}$ in which the temperature $T$ and density $\rho$ vary according to power laws, with exponents $p$ and $q$, respectively:

$$T(r) = T_{ext} \left(\frac{R_{ext}}{r}\right)^p ; \quad \rho(r) = \rho_{ext} \left(\frac{R_{ext}}{r}\right)^q , \quad (p,q > 0)$$

Each point in the envelope is considered to emit as a greybody and then the emission is extinguished along the path traveled through the envelope. The
total emission coming from the envelope is computed by considering several lines of sight and then integrating along the envelope. Figure 4 shows the spectral energy distribution of M8E using IRAS-PSC data (open circles), LWS data (filled dots) and unpublished JCMT data (filled triangles), together with the line curve obtained from the modeling. The best agreement with the data is obtained with the parameters $R_{\text{ext}} = 0.059$ pc, $\rho_{\text{ext}} = 4.0 \times 10^{-20}$ g cm$^{-3}$, $T_{\text{ext}} = 28$ K, $p = 0.7$, $q = 1.1$ and $\beta = 1.95$ ($\beta$ is the opacity law coefficient). The radius of the envelope $R_{\text{ext}} = 0.059$ pc corresponds to $\simeq 16''$ at the distance of 1500 pc. This means that the radius of the envelope is a significant fraction of the JCMT 19'' beam. In fact, from the radial emission distribution predicted by the model we estimate that 12% of the emission from the envelope should be lost by the JCMT beam as a consequence of our single point photometry. For this reason we corrected the JCMT fluxes upwards by 12%. From the figure we can see that the model agrees reasonably well with the (sub)-millimeter data as well as with the LWS data ranging from $\simeq 80$–200 $\mu$m. We note however that the situation may be more complex if there are substantial temperature and density gradients, resulting in different material being contained within the differing beam diameters at each wavelength.

The model fails to reproduce the emission at the shorter wavelengths but this is expected because the spherical envelope description is not totally realistic. In fact, the short wave end of the spectrum, as well as the bolometric luminosity of M8E can be reasonably well fitted with a B0 star surrounded by a 1.2 M$_\odot$ circumstellar disk, inclined about 75 degrees from the plane of the sky, in addition to the envelope described above. Further discussion of this disk modeling will be deferred to a later paper. Considering a distance of 1500 pc we derived an envelope mass associated to M8E by integrating the density distribution along the envelope, obtaining a value for $M_{\text{env}} = 80$ M$_\odot$. Integrating the emission under the model we estimate an envelope luminosity of $5.7 \times 10^3$ L$_\odot$.
and integrating under the observed spectrum from 12 μm to 1300 μm we derive a bolometric luminosity of $L_{\text{bol}} = 1.0 \times 10^4 \ L_\odot$.

3. Conclusions

An $\sim 1500 \ M_\odot$ molecular cloud surrounds the optically prominent Lagoon Nebula, M8. The outer parts of the cloud contain shells of material, along the edges of which there appears to be triggered star formation. Intense CO line emission is found close to a $\sim 0.2\times0.3$ pc, $\sim 31 \ M_\odot$ molecular core coincident with H 36. Based on the ratios of IRAS fluxes (not shown here) this has a dust temperature $\sim 55$ K and luminosity $\sim 20,000 \ L_\odot$. M8E is the second brightest far-IR source in the Lagoon Nebula. It has a temperature $\sim 28$ K and luminosity $\sim 10^4 \ L_\odot$. An analysis of the ISO LWS lines, and comparison with a nearby ‘off-source’ reference spectrum suggests that most of the emission lines are typical of a PDR illuminated by a radiation field of intensity $\sim 3 \times 10^4 \ G_0$ and $n(\text{H}_2)\sim 10^4 \ cm^{-3}$, and for the ice features we derive the following column densities for solid phase material; $\text{H}_2\text{O}$: $3.5 \times 10^{17} \ cm^{-2}$, CO: $1.25 \times 10^{17} \ cm^{-2}$ and CO$_2$: $1.2 \times 10^{17} \ cm^{-2}$. The optical depth of the $\text{H}_2\text{O}$ line is $\sim 0.13$, corresponding to a visual extinction $A_v \sim 5$ magnitudes, and the silicate absorption features originate at $A_v \sim 15$ magnitudes, representing the different evaporation conditions at the grain surfaces of the respective species.

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